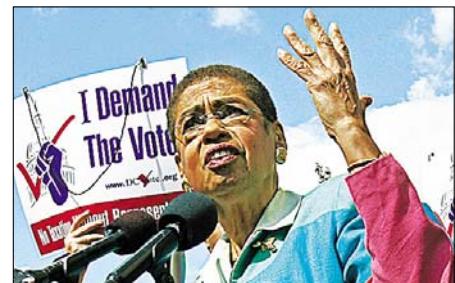


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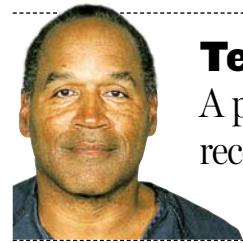
Tuesday



D.C. Del. Eleanor Holmes Norton at the rally.

'Demand the Vote': D.C. leaders rally for voting rights | **11**

Adios, AOL: Headquarters moving from Dulles to N.Y. | **12**



Telltale Tape: A profanity-filled recording emerges in O.J. case | **3**

ENTERTAINMENT

Networking: Soulja Boy got his big break by putting his music online. Plus, Reba McEntire sings sweet 'Duets.'

>> **18-23**



Iraq Expels U.S. Security Firm

Blackwater USA ordered out after civilian shooting deaths

BAGHDAD | The Iraqi government Monday ordered Blackwater USA, the security firm that protects U.S. diplomats, to stop work and leave the country after the fatal shooting of eight Iraqi civilians following a car bomb attack against a State Department convoy.

The order by the Interior Ministry, if carried out, would deal a severe blow to U.S. government operations in Iraq by stripping diplomats, engineers, reconstruction officials and others of their security protection.

The presence of so many Western security contractors has angered many Iraqis, who consider them a mercenary force that runs roughshod over people in their own country.

Sunday's shooting was the latest in a series of incidents in which Blackwater and other foreign contractors have been accused of shooting to death an unknown number of Iraqi citizens. None has faced charges or prosecution.

Secretary of State Condoleezza Rice telephoned Prime Minister Nouri al-Maliki



Rice

late Monday, and the two agreed to conduct a "fair and transparent investigation" and hold any wrongdoers accountable, said Yassin Majid, an adviser to the prime minister.

The U.S. clearly hoped the Iraqis would be satisfied with an investigation, a finding of responsibility and compensation to the victims' families — and not insist on expelling a company the Americans cannot operate here without. (AP)

In Gaza, Rivalries Reshape Ramadan



STAR BRIGHT: A Palestinian Muslim girl on Monday peers through lights hung for the holy fasting month of Ramadan. A year of Palestinian infighting in Gaza has altered Ramadan customs. Gaza's musaharatis, who bang on drums to wake people for pre-dawn prayers, used to be able to chant the praises of political figures while making their rounds. Now they must take care not to praise Fatah leaders in a Hamas stronghold — or the other way around.



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TUESDAY
78° 58°



WEDNESDAY
78° 60°



THURSDAY
83° 66°

TODAY: Pleasant weather continues, warm with plenty of sunshine | **34**

eyeOpeners



SLAPSTICK

Everyone but the Bird Saw The Potential Comedic Value

An animal expert and a flamingo became trapped while trying to squeeze through an airport security turnstile. It took firefighters to finally extract the bird. Jack Hanna, director emeritus of the Columbus [Ohio] Zoo, was returning from a fundraiser with a mongoose, a small leopard and the flamingo, all in crates. The entourage arrived at the airport to find the terminal closed. The only way to leave the tarmac was through a tall metal turnstile with horizontal bars. "I never thought about the crate being square and the turnstile being round," said Hanna. (AP)

PRECEDENT

Doctors Trained Via Discovery Health Now Vulnerable to Malpractice Suits

A Waco, Ky., man who says he learned how to rob homes by watching a TV show was sentenced to 12 years in prison for a string of burglaries. Michael Hobbs, 36, said he learned how to break into homes by watching the Discovery Channel TV show "It Takes a Thief." The show features two ex-convicts who show property owners how vulnerable they are to theft. (AP)



DAWN WENDELL/GULL MEADOW FARMS VIA AP

HONORS

It's Even Better Than the Airport!

A Richland, Mich., farm has created a corn maze in the likeness of the 38th president, who died last December. Each year, Gull Meadow Farms cuts a maze in its corn fields. A company that specializes in corn maze design drew up the plans for the Ford portrait, which says PRESIDENT FORD across the top and THANKS below. (AP)



Some call a copy of a priceless work of art another word. Such as "forgery."

POUTING

'No, We CAN'T Just Make Another Copy!'

Prized replacement copies of a lost Danish treasure — a pair of golden horns that were stolen in 1802 — have been snatched. Burglars struck early Monday at a Jelling, Denmark, museum, stealing the replicas of the two originals, which are believed to date back to the year 400. The horns weighed more than 6 pounds and were stolen in 1802 by a goldsmith who melted them into fake coins and jewelry. The replicas were made in 1979 after studies of old police reports from 1802. (AP)

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SWEET REVOLT: The maker of M&M's and Milky Way bars says it would be a mistake to mess with its chocolate. Mars Inc. said Monday it will continue to use 100 percent cocoa butter in its U.S. products, bucking an industry push to use vegetable oils.

Nation

In Brief

CAPE CANAVERAL, FLA.

Leaky Seals Could Delay Launch of Shuttle Discovery

Leaky hydraulic seals on the space shuttle Discovery must be replaced, and the extra work may end up delaying next month's flight, a NASA official said Monday. NASA plans to replace the seals in the right main landing gear strut later this week, said George Diller, a space agency spokesman. Discovery is scheduled to blast off Oct. 23 on a flight to the international space station. (AP)

WASHINGTON

IRS Adds Section on Home Foreclosure to Web Site

The Internal Revenue Service said Monday it has added a new section to its Web site to answer tax questions for those losing their homes due to foreclosure. The new section on IRS.gov includes a worksheet to help homeowners determine whether they are eligible for any foreclosure-related tax relief. (AP)

HEARSAY | POLITICS

I think instead [of being invited to speak], Ahmadinejad should be indicted under the Genocide Convention."

—MITT ROMNEY, REPUBLICAN PRESIDENTIAL CANDIDATE, CRITICIZING THE UNITED NATIONS FOR INVITING IRANIAN PRESIDENT MAHMOUD AHMADINEJAD TO GIVE A SPEECH.

Alleged Simpson Tape Is Released

Web site says reported incident at Las Vegas hotel was recorded

LAS VEGAS | An apparent audiotape of O.J. Simpson's standoff with men he accused of stealing his memorabilia begins with the ex-NFL star demanding, "Don't let nobody out of here."

"Think you can steal my [expletive] and sell it?" the voice identified as Simpson's said.

Simpson was arrested Sun-

day and booked on charges connected with what police described as a robbery at a Las Vegas hotel. In the audiotape released Monday by the Web site TMZ.com, a man believed to be Simpson is heard shouting questions while other men yell orders to the people in the room.

The recording was made by Thomas Riccio, co-owner of the



Simpson

auction house Universal Rarities, according to TMZ.

Riccio told TMZ he believed Simpson was planning to confront Alfred Beardsley, who was allegedly planning to auction off the memorabilia.

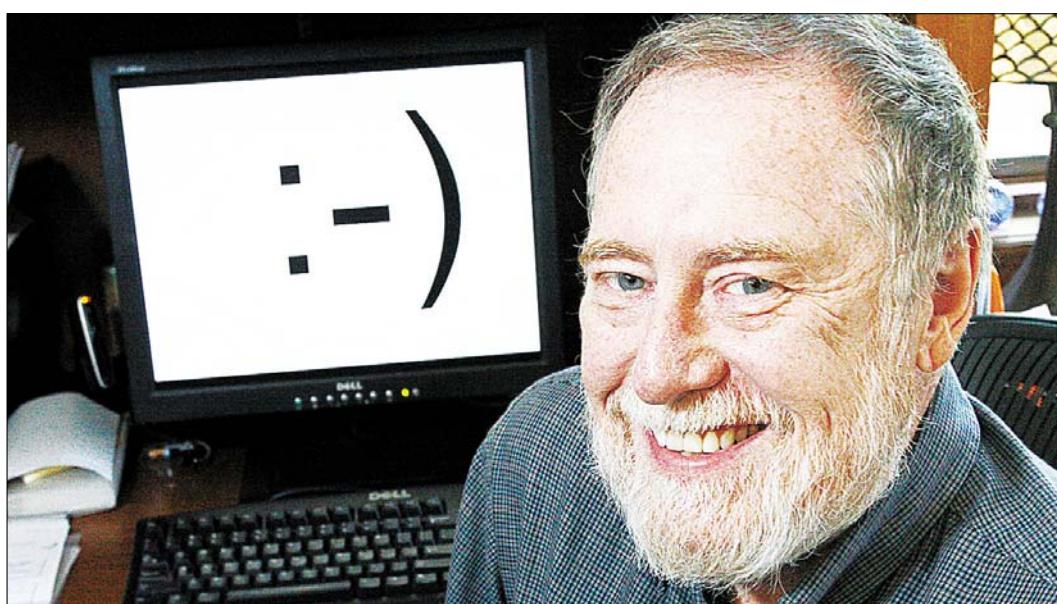
Another collector at the scene, Bruce Fromong, said the meeting was set up as if the men were customers, but when they arrived, it was clear something else was going on.

"The door burst open and they came in almost commando style, O.J. Simpson and some of his peo-

ple, I guess you would call it, with guns drawn," Fromong told ABC's "Good Morning America" on Monday. "O.J. at that time was saying, 'I want my stuff. I want my stuff.'"

After being whisked away in handcuffs, Simpson was booked Sunday night on two counts of robbery with a deadly weapon, two counts of assault with a deadly weapon, and conspiracy to commit a crime and burglary with a firearm, police said. If convicted, Simpson could face up to 30 years in prison on each robbery count. RYAN NAKASHIMA (AP)

PITTSBURGH | KEYSTROKE OF GENIUS



GENE J. PUSKAR/AP

ALL SMILES: Carnegie Mellon professor Scott E. Fahlman is something of an Internet pioneer. Twenty-five years ago, Fahlman used three keystrokes to create a horizontal "smiley face" in a computer message—perhaps the first emoticon. Fahlman posted it in a message to an online electronic bulletin board at 11:44 a.m. on Sept. 19, 1982.

Research: Men's Hygiene Worse Than Women's

CHICAGO | The gender gap has widened when it comes to hygiene, according to the latest stakeout by the "hand washing police." One-third of men didn't bother to wash after using the bathroom, compared with 12 percent of women, said the researchers who spy on people in public restrooms. They reported their findings Monday at a meeting of infectious disease scientists.

Two years ago, the last time the survey was done, only one-quarter of men didn't wash, compared with 10 percent of women.

The latest study was based on observations last month of more than 6,000 people in four big cities. (AP)



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Nation

8

The total amount, in thousands of dollars, spent on health care per D.C. resident in 2006, the highest in the country, according to the Centers for Medicare and Medicaid Services.

Dems Welcome AG Choice

Nominee is not likely to face opposition in confirmation process

WASHINGTON | President Bush, seeking to avoid a possible confirmation fight over a fiercely partisan candidate, chose retired federal judge Michael B. Mukasey Monday to replace Attorney General Alberto Gonzales. Democrats said Bush made a wise choice and raised no immediate objections.

As chief judge of the busy U.S. District Court for the Southern District of New York, Mukasey had presided over high-profile terrorism cases.

"He knows what it takes to fight this war effectively, and he knows how to do it in a manner consistent with our laws and our Constitution," Bush said.

Mukasey said he was honored to be Bush's nominee to take the helm of the department.

"My finest hope and prayer at



President Bush announces on Monday that Michael B. Mukasey, left, will be his nominee for attorney general. Mukasey is a former federal judge from New York.

this time is that, if confirmed, I can give them the support and the leadership they deserve," he said.

Senate Democrats made it clear that there would be no confirmation hearings until the administration answers questions about the White House's role in the firings of federal

prosecutors over the winter.

"Our focus now will be on securing the relevant information we need so we can proceed to schedule fair and thorough hearings," said Sen. Patrick Leahy, D-Vt., the chairman of the Senate Judiciary Committee.

DEB RIECHMANN (AP)



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Nation



UNWELCOME PET: City officials in Wichita, Kan., are debating whether to ban wallabies in city limits after a wallaby briefly escaped from its owner last month.

Clinton Unveils Health Plan

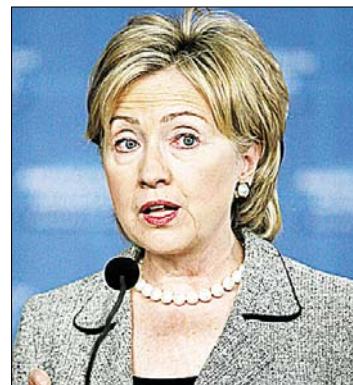
System would require that every American have health insurance

DES MOINES, IOWA | Democratic presidential candidate Sen. Hillary Rodham Clinton issued a call for universal health care on Monday, plunging back into a political battle she memorably waged and lost as first lady more than a decade ago.

"This is not government-run," Clinton said of her plan to extend coverage to an estimated 47 million Americans who lack it.

"Perhaps more than anybody else, I know just how hard this fight will be," Clinton said.

Dismissing Republican criticism, Clinton admonished the crowd. "I know my Republican opponents



CHARLIE NEIBERGALL/AP

Sen. Hillary Clinton, D-N.Y., is pushing for universal health care in the U.S.

will try to equate health care for all Americans with government-run health care. Don't let them fool us again. This is not government-run."

A front-running contender for her party's nomination, Clinton

drew criticism this time from fellow Democrats, as well as Republicans.

"To ensure all Americans have affordable health care will take more than leadership that simply knows how to fight," said rival Sen. Chris Dodd, D-Conn.

Addressing a crowd at a medical center in Iowa, Clinton laid out her proposal, with the centerpiece a so-called "individual mandate," requiring everyone to have health insurance.

Clinton's plan builds on the existing employer-based system. People who receive insurance through the workplace could continue to do so; businesses would be required to offer insurance to employees or contribute to a government-run pool that would help pay for those not covered. BETH FOUHY (AP)



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Meet Lucy, Lloyd and Linda, three Londoners happy to share their local shopping secrets with you.

Lucy

I love shopping for clothes, you could definitely say I have a passion for fashion.

I'm always looking for unusual clothes and Camden Lock Market is a great place to find fab designs and vintage fashions at great prices. I mix up my look and there is so much on offer at the market I can easily spend the day there – and when the shopping wears me out there are loads of cool bars and restaurants I can relax in – it's a real locals hangout.



Another of my shopping havens is Spitalfields Market in East London. Lots of new local up and coming designers have stalls there so you might be buying the next Marc Jacobs or Vivienne Westwood but not at the designer prices! Nearby there are lots more stores to rummage in, from thrift stores to trendy boutiques, to really hone my look.

Next, it's onto Brick Lane, home to some of London's best curry restaurants and some great nightlife. The atmosphere is great in this part of town and I love to meet with friends in the evening to gossip over a cocktail or two.

When I'm not shopping in markets I often head over to Seven Dials, a collection of streets very close to the famous Covent Garden. There I can find a mixture of small boutiques as well as fashion stores such as Diesel, Miss Sixty and Cath Kidston. I also try and pick up presents for my boyfriend from G-Star and Carhartt. You'll find the place packed with Londoners.

Lloyd

Like a lot of Londoners, when it comes to shopping there is only one thing I'm looking for – food! Nothing beats going to a local market and finding locally produced vegetables, cheese and bread. I'm lucky, I live near one of London's 13 Farmers Markets and I love to see and smell all the fresh and seasonal goods laid out.

I'm definitely a foodie and there are loads of specialist shops in London where I can get the very best products. Neals Yard Dairy stocks a huge range of cheeses and I can pick up specially blended teas from Twinings on The Strand.

The best thing about food shopping in London is that there is so much diversity, I can get Asian foods from China Town, authentic Greek food from Green Lanes and Polish delicacies from Ealing.

When I'm feeling very determined, I set my alarm clock for 5am and head down to Billingsgate Fish Market, the largest inland fish market in the UK. I really enjoy seeing the different fish that have been brought in that day both from the UK coasts and from overseas. We Londoners will go to great lengths for the best produce!

Linda



I live in central London, which is perfect because I can find everything I need in one place. I'm lucky because Oxford Street, the most famous street in the world is my local shopping street!

I'm surrounded by lots of high street fashion shops but also some great department stores such as Selfridges, John Lewis, Debenhams and House of Fraser. The department stores are just my cup of tea because I can easily browse from one department to the next and pick up everything from kitchen essentials to stationery



at reasonable prices.

After more shopping on Regent Street I usually pop into the world famous Hamley's Toy store to pick up a little surprise for my grandchildren.

I'm always having friends and relatives to stay and I often take them out for the day. Greenwich Market is always fun as we browse through the unique arts and crafts stalls and maybe stop for a little snack. Once we've explored the market we stroll over to Greenwich Park, one of London's eight Royal parks, where I love to show people the stunning views across the capital. It's where all the locals hang out too.

For a truly fragrant experience, I call in to the Columbia Road Flower Market. With over 50 stalls selling exotic flowers and beautiful pot plants, I find it enjoyable to just wander round and take in the smells and colour of the market. Get there early to get the full experience; it's so dazzling it even takes Londoners' breath away.

Whatever you enjoy shopping for, follow Londoners' tips and do London like a local. For more recommendations from the locals who know London best, log onto

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SCHOOL TAKEOVER: Venezuelan President Hugo Chavez threatened on Monday to close or take over any private school that refuses to submit to the oversight of his socialist government as it develops a new curriculum and textbooks.

World

In Brief

JERUSALEM

Panel Recommends Opening All Combat Posts to Women

An Israeli army committee is recommending all combat jobs be opened to women, security officials said Monday — a change that would dramatically remake the front-line infantry, tank and special forces units that are the military's last male bastions. The officials spoke on condition of anonymity because the committee had not formally presented its report, something expected to happen next week. (AP)

LONDON

Sheep Slaughtered as New Foot-and-Mouth Case Feared

Authorities slaughtered sheep on a farm in southern England Monday as they tested for a suspected new case of foot-and-mouth disease, officials said. Britain's environment department said initial blood tests suggested the animals had been infected with the disease. (AP)

HEARSAY | IRAN

"I do not believe at this stage that we are facing a clear and present danger that requires we go beyond diplomacy. We need not to hype the issue."

— MOHAMED ELBARADEI

THE CHIEF U.N. NUCLEAR INSPECTOR WARNING AGAINST USING FORCE AGAINST IRAN.

Sierra Leone Votes Out Ruling Party

War-weary citizens celebrate election of Koroma as president

FREETOWN, SIERRA LEONE | Sierra Leone's battle-weary citizens chose an opposition leader as their next president, voting against the party that ushered the country out of a devastating war in 2002 and for the promise of less corruption and more jobs.

Ernest Bai Koroma was sworn in Monday hours after election offi-

cials declared him the winner of a tense run-off vote with 55 percent of 1.7 million ballots cast, compared with 45 percent for the ruling party candidate, Vice President Solomon Berewa.

Thousands of Koroma's supporters wearing red T-shirts and hats clogged the streets of the capital city of Freetown, singing and dancing through a heavy midday downpour.

Ruling party officials decried the outcome but did not say whether they would reject the results.

"It is part of the international



Supporters of opposition candidate Ernest Bai Koroma cheer on Monday.

conspiracy, but they will not get away with it," Jacob Jusu Saffa, secretary general of the ruling Sierra Leone People's Party, said in a radio broadcast.

The election, the first presidential vote since U.N. peacekeepers withdrew two years ago, was seen as a test of whether the West African country has emerged from the chaos wrought by a decade-long war.

Koroma, a former insurance company executive, promised to root out corruption and create economic opportunities. (AP)

THAILAND | INVESTIGATORS SEEK CAUSE OF PLANE CRASH



SANCHAI/LALITAP

INSIDE THE WRECKAGE: Thai rescue workers inspect a charred plane in Phuket, Thailand, on Monday. Authorities found the two flight data recorders from the plane, which crashed and killed 89 people — most of whom were foreigners — on Sunday. Airline officials said that wind shear and heavy rains were possible causes of the accident.

Election Law Changes May Aid Musharraf

ISLAMABAD, PAKISTAN | Pakistan's Election Commission changed the rules Monday to open the way for President Gen. Pervez Musharraf to seek a new five-year presidential term without giving up the powerful position of army chief.

Opposition parties decried the move as a brazen violation of the constitution and accused the U.S.-allied leader of trying to bulldoze legal obstacles to his staying in power amid increasing demands for an end to military rule.

The five-member commission changed a rule so a constitutional article barring government employees — such as army officers — from running no longer applies. (AP)

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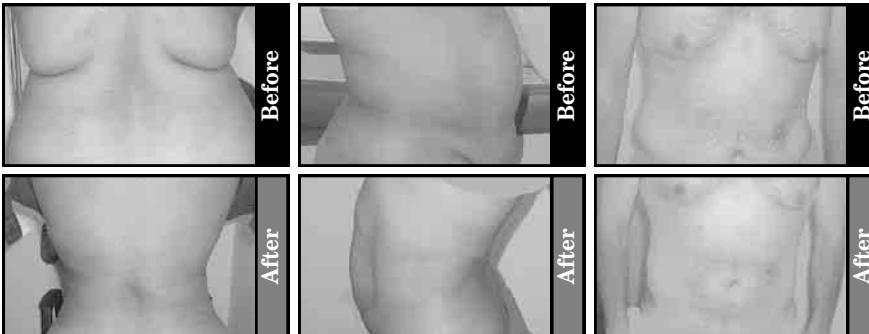
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World



OUAR AL-ABDULLAH/AP
A woman gets into a taxi in Jiddah, Saudi Arabia, Monday. For the first time, a group of women have formed a committee to lobby for the right to get in the driver's seat.

Saudi Women Eye The Driver's Seat

Females establish committee to lobby against longtime ban

JIDDAH, SAUDI ARABIA | For the first time, a group of women in the only country that bans females from driving have formed a committee to lobby for the right to get behind the wheel, and they plan to petition King Abdullah in the next few days for the privilege.

The government is unlikely to respond because the issue remains so highly sensitive and divisive. But committee members say their petition will at least highlight what many Saudis consider a "stolen" right.

"We would like to remind officials that this is, as many have said, a social and not a religious or political issue," said Fowziyyah al-Oyouni, a founding member of the Com-

mittee of Demanders of Women's Right to Drive Cars. "And since it's a social issue, we have the right to lobby for it."

Committee members want to deliver their petition to the king by Sunday, the country's national day.

The last time the issue was raised was two years ago, when Mohammed al-Zulfa, a member of the unelected Consultative Council, asked his colleagues to consider studying the possibility of allowing women over age 35 or 40 to drive — unchaperoned on city streets but accompanied by a male guardian on highways.

The idea touched off a fierce controversy that included calls for al-Zulfa to be removed from the council and stripped of his citizenship, as well as accusations he was encouraging women to commit the double sins of discarding their veils and mixing with men. DONNA ABU-NASR (AP)

China Steps Up Product Inspections

BEIJING | China has sharply increased inspections of imported U.S. food, escalating a dispute with Washington over product safety and leaving American beef piling up in warehouses and delaying shipments of black pepper and other goods.

Authorities who used to inspect

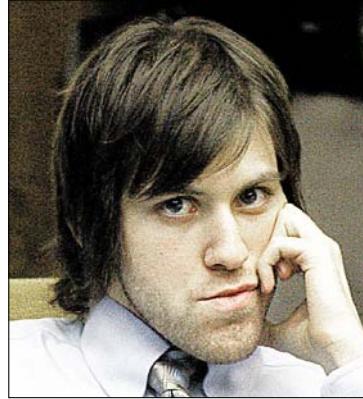
as little as 5 percent of imported goods now check every shipment of American poultry, snack foods and other products, companies and trade groups say. The inspections are the latest volley after a series of large-scale recalls raised scrutiny of Chinese-made products in the U.S. (AP)



REEF MADNESS: Maryland officials say an artificial oyster reef near Gibson Island was wrongly installed and must be removed. This is the first time the state will have to dismantle a man-made reef. State officials say the reef in Sillay Bay was installed in the wrong place and is a boating hazard.

Local

In Brief



William Morva listens during jury selection for his capital murder trial.

CHRISTIANSBURG, VA.

Jury Selection Begins in Va. Inmate Double-Murder Case

Jury selection is under way in the capital murder trial of an escaped jail inmate accused in the slayings of a sheriff's deputy and a hospital security guard. Prosecutor Brad Finch has said he will seek the death penalty for William Morva, 25. The police search for Morva prompted Virginia Tech to shut down on the first day of classes last year. (AP)

BALTIMORE

Off-Duty Baltimore Officer Involved in Fatal Shooting

Baltimore police say a man shot by an off-duty officer Monday morning in north Baltimore has died. Spokesman Sterling Clifford says the preliminary investigation shows nine-year-veteran Lawrence Armwood was dropping a friend off and waiting for someone to pick her up around 4 a.m. Police say the suspect approached Armwood's car and pointed a handgun at them. Police say Armwood pulled out his service weapon and shot the man twice. (AP)

HEARSAY | POLLUTION

"Here's my greatest fear — that people are getting used to the Chesapeake Bay being polluted."

— WILL BAKER

PRESIDENT OF THE CHESAPEAKE BAY FOUNDATION, WHO SAID MONDAY THAT MORE FEDERAL FUNDING IS NEEDED TO IMPROVE THE BAY'S DECLINING WATER QUALITY.

D.C. Rallies on Eve of Senate Vote

City officials, advocacy group gather at Capitol for congressional rights

WASHINGTON | Activists holding signs that read "I Demand the Vote," gathered Monday on Capitol Hill to rally support ahead of a key Senate vote on a bill that would give the District of Columbia a full vote in Congress.

Lawmakers are expected to decide Tuesday whether the measure, which also would give

Utah another House seat, should advance to the Senate floor for debate and a later vote. It remains unclear whether advocates have the 60 votes needed to overcome an attempt by Republican leaders to block the measure.

"Not since segregation has the Senate blocked a voting rights bill, and this is a voting rights bill," D.C. Mayor Adrian M. Fenty told about 50 people who attended a news conference in front of the Dirksen Senate Office Building. Among those joining Fenty at the rally were



AP PHOTO/JACQUELYN MARTIN

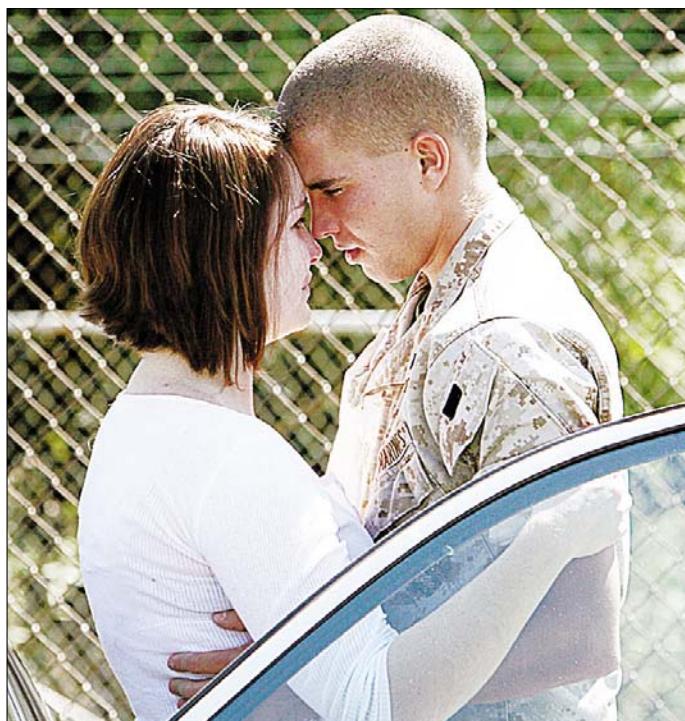
D.C. Mayor Adrian Fenty and Ilir Zherka of DC Vote march in a rally Monday.

former Republican congressman Jack Kemp of New York D.C. Delegate Eleanor Holmes Norton and Ilir Zherka, head of the advocacy group DC Vote.

Kemp urged his fellow Republicans to "vote your conscience. Vote the American way. Get on the right side of history."

D.C. voting rights advocates call the issue the most important civil rights struggle of the day. The District's delegate in Congress is allowed to vote only in House committees. (AP)

ROANOKE, VA. | TROOPS PREPARE FOR IRAQ



AP PHOTO/THE TIMES, STEPHANIE KLEIN-DAVIS

TEARFUL SEND-OFF: Kristy, 20, and Justin Hall, 23, of Danville, Va., say goodbye in Roanoke, Va., on Monday. Justin Hall, a Marine with the Bravo Company 4 Combat Engineering Battalion is heading to California to prepare to be deployed to Iraq. The couple have been married for three years.

The Lotteries

Monday, Sept. 17

DISTRICT

Mid-day Lucky Numbers	9-6-6
Mid-day DC 4	6-8-9-6

MARYLAND

Mid-day Pick 3	9-9-4
Mid-day Pick 4	0-5-1-1

VIRGINIA

Mid-day Pick 3	4-2-8
Evening Pick 3 (Sun.)	9-4-3
Mid-day Pick 4	9-9-0-3
Evening Pick 4 (Sun.)	8-2-9-8
Mid-day Cash 5	5-8-12-21-27
Evening Cash 5 (Sun.)	2-3-11-32-34

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

Greater Southeast Hospital May Be Sold

WASHINGTON | Greater Southeast Community Hospital would be sold to a New England-based company with a \$79 million investment from the District of Columbia under a deal announced Monday by Mayor Adrian M. Fenty.

Specialty Hospitals of America LLC, of Portsmouth, N.H., agreed to purchase the financially troubled hospital from Envision Hospital Corp. if the District government invests heavily in the hos-

pital's infrastructure and helps pay off its debts. The D.C. Council must approve the deal.

Terms of the proposed sale call for the city to lend Specialty \$20 million to help cover the purchase price and daily operations of the hospital, Fenty said.

The city also would invest \$30 million in new infrastructure and equipment for the hospital as a direct grant that would not have to be repaid. (AP)

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Certified Info. Systems Security Pro - CISSP	Nov 03
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IT Project+	Nov 14
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Money

AOL Leaves Va. for N.Y.C.

Company to move its
HQ, but most workers
will remain in Dulles

AOL is moving its corporate headquarters from Dulles to New York, it announced Monday, ending a saga that helped cement Washington as a center of the technology boom but also gave rise to corporate scandal and ill-fated deal-making.

The company employs 4,000 people in Northern Virginia and most will remain here, according

to AOL's announcement of the move. Senior executives, however, will be transferred to new headquarters at 770 Broadway in Manhattan.

Formerly America Online, the company in recent years abandoned its original fee-for-service model as subscriptions declined and Internet access was taken over by cable and telephone companies. In a press release, executives said they are making the move to be closer to the center of the advertising industry that is now crucial to AOL's success.

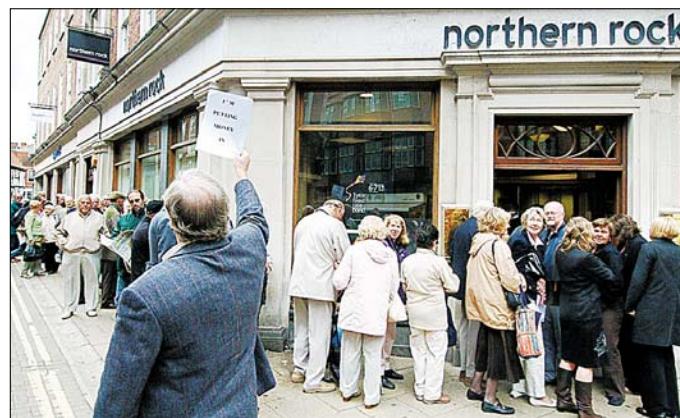
Locally, the move is not expect-

ed to make an immediate economic impact. But officials acknowledge it deals a symbolic blow to the region.

Bobbie Kilberg, chief executive of the Northern Virginia Technology Council, warned the impact may be great down the road. "It may not be that many jobs lost now, but over the long-term, you can't help but wonder whether they will lose more people from the Dulles campus. That's inevitable when you put the leadership in New York City," she said.

HOWARD SCHNEIDER AND ZACHARY GOLDFARB
(THE WASHINGTON POST)

ENGLAND | BRITAIN SEEKS TO AVERT BANK CRISIS



MONEY MOVERS: People line up to take money out of troubled British mortgage lender Northern Rock Monday. The British government said it will guarantee all existing deposits at the bank as it sought to prevent a financial crisis.

Microsoft Loses
Appeal vs. EU

BRUSSELS, BELGIUM | Microsoft lost its appeal of a European antitrust order Monday that obliges the technology giant to pay a record \$613 million fine, share communications code with rivals and sell a copy of Windows without Media Player.

In a stinging defeat for the world's biggest software maker, the court decision also affirms Europe's role as the lead international regulator of dominant companies. The EU Court of First Instance said the European Commission was correct in concluding that Microsoft was guilty of monopoly abuse. (AP)

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
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SuncomWn	25.65	+3.65	+16.6
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NewellRub	28.02	+2.26	+8.8
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Aegean n	28.06	+2.11	+8.1
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EDO	54.84	+3.33	+6.5
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FDeImnt	27.38	+1.66	+6.5
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Losers

NAVIGCONS	13.74	-2.94	-17.6
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PHH Corp	24.24	-4.26	-14.9
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LaBrnch	4.40	-.57	-11.5
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Sparton	5.12	-.65	-11.3
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USEC	11.11	-1.08	-8.9
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NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
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Oculus n	6.77	+1.88	+38.4
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InfoSpce s	17.38	+4.13	+31.2
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M-Wave rs	2.11	+.35	+19.9
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SmartBal un	19.50	+2.59	+15.3
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Iomai	1.91	+.04	+2.2
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Losers

IROBOT	18.27	-5.35	-22.7
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HireRight n	10.31	-2.50	-19.5
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LifePart	33.55	-6.21	-15.6
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VertNet rs	2.41	-.34	-12.4
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PemcoAvi	4.83	-.67	-12.2
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DOW

-39.10	-20.52	-7.60
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-0.29	-0.79	-0.51
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13403.42	2581.66	1476.65
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Biotech Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
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Amgen	55.46	-.86	-18.8
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Amylin	47.66	-1.36	+32.1
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BiogenIdec	64.50	-.92	+31.1
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Celgene	67.75	-1.26	+17.8
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ChRvLab	54.98	-.29	+27.1
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Genentech	77.56	-1.43	-4.4
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Genzyme	62.52	-.55	+1.5
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GileadSci s	37.23	-.79	+14.7
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Illumina	53.13	+.16	+35.2
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Imclone	40.45	+1.43	+51.2
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Invitrogen	80.66	-1.02	+42.5
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MillPhar	9.77	-.05	-10.4
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OIAGEN	16.89	-.21	+11.6
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Technie	62.19	-1.35	+12.2
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VertxPh	38.39	-2.01	+2.6
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WHISTLE-BLOWER: NBA referee Joey Crawford was reinstated by commissioner David Stern on Monday, five months after he was suspended indefinitely for improper on-court conduct. Crawford enters his 32nd season as an NBA referee. He has officiated more than 2,000 games.



Sports

Swengali

COLLEGE FOOTBALL | BY MATT SWENSON

Irish Heyday Is Long Gone

THE GOLDEN ERA IS OVER for Notre Dame, and it has been for a while.

That debacle of a 38-0 loss at Michigan should serve as a slap in the face for the once-proud program.

No matter who the coach is — Bob Davie, Tyrone Willingham or even “genius” Charlie Weis — Notre Dame just isn’t what it used to be.

No longer can the ghosts of Knute Rockne, Frank Leahy or Lou Holtz (OK, he’s not dead, but he sure looks warmed over on ESPN) will Notre Dame to championships.

The occasional 10-win season — even aided by a soft schedule such as last year’s — is the best the Irish can hope for.

There’s nothing wrong with

Notre Dame must join a conference. ... Then the school could accept that it's not better than everyone else.

10 wins for most schools, but to put this in perspective, 10 victories is mediocre for USC, Florida or Oklahoma. And none of those teams would still be waiting for an offensive touchdown three weeks into a season.

Notre Dame must join a conference, preferably the Big Ten. Not only would that guarantee four or five wins per year, but then the school could accept that it’s not better than everyone else, which it still pretends by scheduling the nation’s best teams and skipping the conference system everyone else employs.

The Fighting Irish will always have their history, but it’s time to stop living in the past.

@ To reach Matt Swenson, e-mail matt.swenson@readexpress.com

No Fairy Tale Start for the Saints

A handful of NFL teams have tanked in weeks 1 and 2 this year

NFL | When the New Orleans Saints lost 41-10 in Indianapolis on opening night, it was disheartening but not unexpected.

The Colts and Peyton Manning can do that to teams, even Super Bowl caliber teams.

However, a 31-14 loss to what was supposed to be an ordinary Tampa Bay side on Sunday put the first defeat in perspective. It was one of a number of losses that highlighted how bad some NFL teams have been the first two weeks.

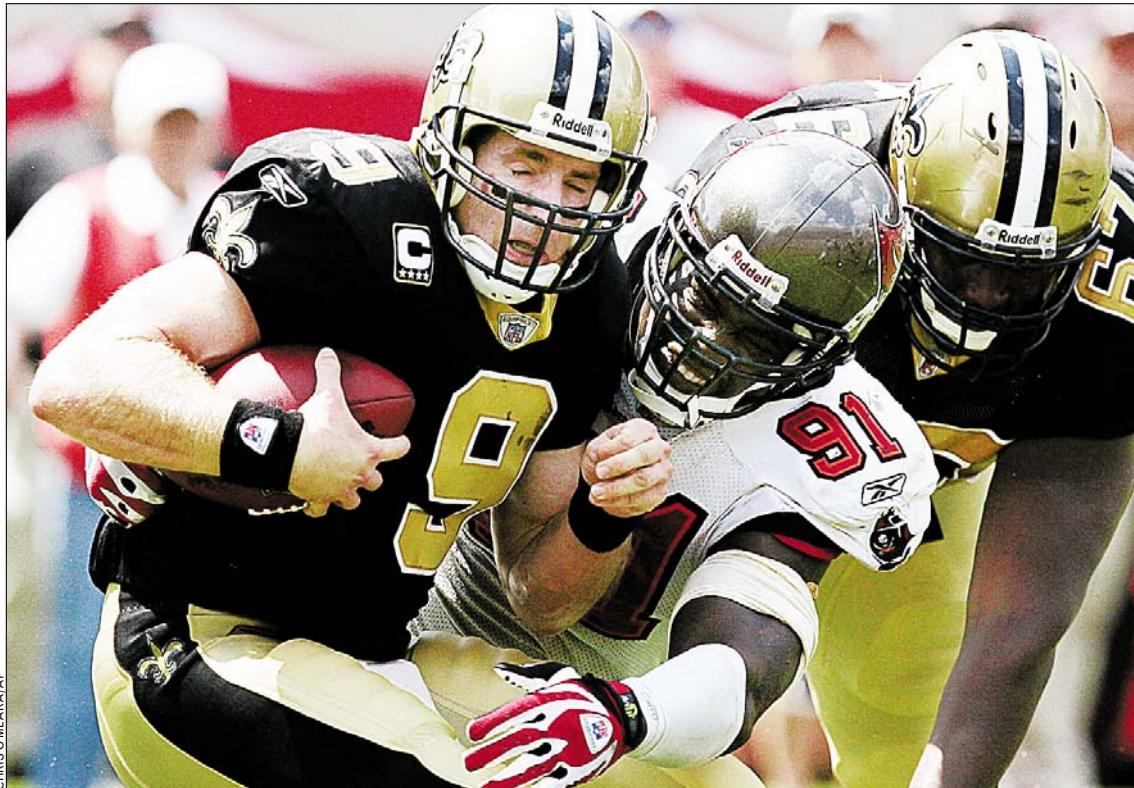
Following a fairy tale 2006 season in which the Saints reached the NFC championship game for the first time in their 40-year history, some thought they would reach the Super Bowl.

New Orleans isn’t the only team with question marks. Consider:

The Cincinnati defense gave up 51 points to a Cleveland team that was the first ever to trade away its quarterback after one week.

The Broncos are 2-0. But they were lucky to win both of those games — against the Bills and the Raiders. They aren’t going to get close to the Patriots or Colts in the AFC that way.

The New York Giants made Tony Romo look like his idol Brett Favre in the opener. Then it



The New Orleans Saints' offense, led by quarterback Drew Brees, left, has been stagnant in the first two weeks of the season.

Redskins' Results

→ The Redskins-Eagles game ended after Express' deadline. Results and plenty of analysis from columnists Mike Wise and Michael Wilbon. | **Today, Sports**

IN The Washington Post

made Brett, playing with a bunch of youngsters, look like Brett, circa 10 years ago.

The Chargers went to New Eng-

land and got pasted by a team that might be even money to go unbeaten without the need of illegal intelligence.

Some of the problems around the NFL were expected, like the Giants' and Bengals' defenses, although not to the extent they've shown themselves.

The Saints and Chargers are another story.

“A couple of Tampa Bay guys

came up to me after the game and they said that it's going to be tough, that everybody is gunning for you now, and you guys are going to be marked,” New Orleans linebacker Scott Fujita said after their game Sunday.

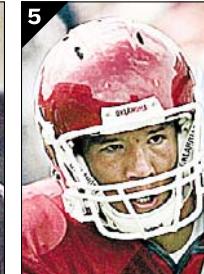
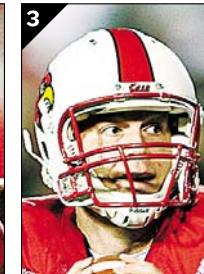
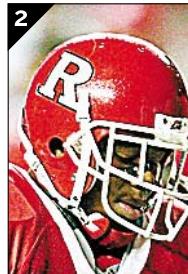
“I came into this season liking that feeling. I always wanted to be at the top and have people gunning for us. Whatever it is, we have to get our focus.” **DAVE GOLDBERG (AP)**

HEISMAN HOPEFULS

1. Darren McFadden rushed for 195 yards and two TDs in Arkansas' loss this weekend. **2.**

Rutgers RB **Ray Rice** is averaging three touchdowns and 143 yards per game. **3.** Louisville QB **Brian Brohm** lost but in three games has put up better numbers (1,142 yards and 11 TDs) than even Colt Brennan.

4. WVU's **Steve Slaton** might have padded stats, but his season totals (465 yards and nine TDs) are hard to ignore. **5.** It's freshman QB **Sam Bradford** (11 TDs, 823 yards) who's leading the way for Oklahoma.



TODAY'S TV LINEUP

NATIONALS (7 P.M. ON MASN) Get ready, bullpen. Nats starter Joel Hanrahan threw 104 pitches in just 3 1/3 innings last outing. On Tuesday night, he'll face the always-dangerous Mets.

ORIOLES (7 P.M. ON MASN2) Mike Mussina gets another chance at starting for the Yankees when he faces his old team, the Orioles.

WOMEN'S WORLD CUP (8 A.M. ON ESPN AND ESPN2) The U.S. wraps up group play with a game against Nigeria, and North Korea plays Sweden.

BASEBALL (8 P.M. ON ESPN2) The Triple-A championship game is in Oklahoma City.

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December 11-January 6, 2008
Spamalot
The National Theatre
Tuesday, December 11, 8 p.m.

Avenue Q
The Broadway Musical
November 27-December 9
Avenue Q
The National Theatre
Tuesday, November 27, 8 p.m.

The Women of Brewster Place
Arena Stage
Friday, November 9, 8 p.m.

THE NUTCRACKER
by The Washington Ballet
Septime Webre's
The Nutcracker
The Warner Theatre
Thursday, December 6, 7 p.m.

Paul Thorn
The Barns at Wolf Trap
Thursday, October 25, 8 p.m.

Catch-22
George Mason University Center for the Arts
Wednesday, October 3, 8 p.m.

Jason Moran
GWU Lisner Auditorium
Sunday, October 28, 7 p.m.

La Boheme
by The Washington National Opera
Kennedy Center Opera House
Thursday, September 27, 7:30 p.m.

Big Apple Circus: Celebrate!
The Big Top, Dulles Town Center
Tuesday, October 2, 7 p.m.

Mariza
The Music Center at Strathmore
Tuesday, October 9, 8 p.m.

University of Maryland Symphony Orchestra
Clarice Smith Performing Arts Center
Friday, September 28, 8 p.m.

To enter, visit readexpress.com and click on the contest link.



thewashingtonballet



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HALL OR SHAME? The fate of Barry Bonds' record-breaking home run ball is now in the public's hands after its buyer, fashion designer Marc Ecko, announced Monday he was taking votes on whether to give the ball to the Hall of Fame, brand it with an asterisk or blast it into space.



Sports

The Last King of Baseball

It's been 40 seasons since Carl Yastrzemski won the triple crown

BASEBALL | Carl Yastrzemski didn't know he made history until he read about it in the newspaper.

The son of a Long Island potato farmer was too wrapped up in the tight 1967 pennant race, strange territory for a Red Sox team that finished ninth in the AL the previous two seasons.

With each passing season, the scope of his accomplishment grows. Through those 40 years, not one player has combined the power and productivity to match his feat — leading the league in homers, RBI and batting average.

Alex Rodriguez has topped the AL in all three categories, but never



Carl Yastrzemski hit .326 with 44 homers and 121 RBI (all MLB's best) in 1967.

in the same year. The same with Barry Bonds in the NL. David Ortiz was first in the AL in homers and RBI last season but hit just .287.

With fewer than two weeks left in this season, A-Rod is a shoo-in for the AL home run and RBI titles but has no shot at the batting crown.

Only 10 players have won the Triple Crown. Ted Williams and Rogers Hornsby did it twice. Mickey Mantle won it in 1956 and Frank Robinson in 1966.

Willie Mays? Hank Aaron? Never.

Babe Ruth? Close. He led the AL in batting average and homers in 1924 but was second in RBI with 121, eight behind Goose Goslin.

"The combination of all three, it's hard to do," Rodriguez said. "Usually, guys that are thumpers for power hit .260, .270. Usually, guys that are .330, .340, those guys hit 10 or 12 home runs."

HOWARD ULMAN (AP)

MLB STANDINGS

THROUGH SEPT. 16'S GAMES

AMERICAN LEAGUE

EAST	W	L	PCT.	GB	HOME	ROAD
Boston	90	60	.600	—	47-28	43-32
New York	85	64	.570	4.5	47-27	38-37
Toronto	74	75	.497	15.5	44-31	30-44
Baltimore	64	84	.432	25	32-42	32-42
Tampa Bay	63	87	.420	27	35-40	28-47

CENTRAL

CENTRAL	W	L	PCT.	GB	HOME	ROAD
Cleveland	87	62	.584	—	46-28	41-34
Detroit	83	67	.553	4.5	41-34	42-33
Minnesota	72	77	.483	15	37-38	35-39
Kansas City	64	84	.432	22.5	32-42	32-42
Chicago	64	85	.430	23	34-41	30-44

WEST

WEST	W	L	PCT.	GB	HOME	ROAD
L.A. Angels	87	62	.584	—	49-25	38-37
Seattle	78	70	.527	8.5	44-31	34-39
Oakland	74	77	.490	14	39-36	35-41
Texas	70	79	.470	17	42-32	28-47

NATIONAL LEAGUE

EAST	W	L	PCT.	GB	HOME	ROAD
N.Y. Mets	83	65	.561	—	40-34	43-31
Philadelphia	80	69	.537	3.5	43-32	37-37
Atlanta	76	73	.510	7.5	38-36	38-37
Washington	66	83	.443	17.5	37-37	29-46
Florida	65	84	.436	18.5	32-42	33-42

CENTRAL

CENTRAL	W	L	PCT.	GB	HOME	ROAD
Chicago	78	72	.520	—	39-36	39-36
Milwaukee	76	72	.514	1	47-27	29-45
St. Louis	70	78	.473	7	40-34	30-44
Cincinnati	68	81	.456	9.5	38-37	30-44
Pittsburgh	66	83	.443	11.5	35-40	31-43
Houston	65	84	.436	12.5	39-36	26-48

WEST

WEST	W	L	PCT.	GB	HOME	ROAD
Arizona	84	66	.560	—	46-29	38-37
San Diego	81	67	.547	2	43-31	38-36
L.A. Dodgers	79	70	.530	4.5	41-34	38-36
Colorado	77	72	.517	6.5	44-30	33-42
San Fran.	66	83	.443	17.5	36-38	30-45



TURNOVER: Patriots coach Bill Belichick will comply with the NFL's latest request in its spying investigation by providing any notes or tapes made from video recordings similar to those that drew a stiff penalty against him and the team. "Of course," he said, when asked about the request. (AP)



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"Hey, there was no reason to go."

— Tiger Woods said with a shrug and a smile after his caddie revealed he didn't use the practice range after rounds this season.



Sports

Germany Enters Quarters

England advances, too; U.S. needs tie vs. Nigeria in World Cup

WOMEN'S WORLD CUP | Defending champion Germany, with a record-setting goal from Birgit Prinz, beat Japan 2-0 to advance to the quarterfinals of the Women's World Cup.

England was the second team to advance from Group A with a 6-1 win over Argentina.

Germany dominated the game and opened the scoring when the ball fell to Prinz's feet off a corner kick in the first half. She quickly buried the ball into the top of the goal for her 13th goal in World Cup finals competition. That breaks the record Prinz shared with American Michelle Akers. Renate Lingor added a late penalty for Germany.



Birgit Prinz, top right, celebrates after scoring her record-breaking goal. (AP)

Germany will meet the second-place team from Group B — probably the United States or North Korea. England gets the winner of Group

washingtonpost.com

Group B wraps up play at 8 a.m. on Tuesday. The Washington Post has in-depth coverage and analysis of all the games. | [ONLINE TUESDAY MORNING](#)

B, which wraps up on Tuesday.

A tie against Nigeria would be enough to advance the United States, which is unbeaten in 49 games. However, a victory in the final Group B game might ensure an easier opponent in the quarterfinal.

North Korea, which faces Sweden in its group final on Tuesday, and the United States are tied in the first six categories used to break ties, but the U.S. has one less yellow card. Both teams are favored to win, and the top spot should go to the team that has the bigger margin of victory. (AP)

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Entertainment



SO IMMODEST, MADGE! Naked replicas of Madonna, Tom Cruise, Samuel L. Jackson and Angelina Jolie have arrived in D.C. They'll be among the biggest attractions (and clothed) when Madame Tussauds wax museum opens here next month.



HE'S MAKIN' IT: Soulja Boy started with the Internet but now is going global. Here, he performs on MTV's "TRL" in August.

Tech and Soul

Using the Web and a catchy dance, this MC made himself known

ONLINE | The out-of-nowhere success of Soulja Boy's debut single, "Crank Dat (Soulja Boy)," has become the latest Internet phenomenon to catch radio and record labels off guard.

The 16-year-old MC, whose real

name is DeAndre Way, has racked up 10 million MySpace hits and inspired thousands of YouTube videos featuring fan interpretations of his "Superman" dance. Initially a viral sensation, "Crank Dat" is No. 4 on Billboard's Hot R&B/Hip-Hop Songs chart and No. 1 on The Billboard Hot 100, and Beyoncé has even incorporated the "Superman" dance into her stage show.

So as the Oct. 2 release of Soulja

Boy's debut, "Soulja Boy Tell 'Em," approaches, ColliPark Music and Interscope must determine how best to capitalize on the online enthusiasm.

"Soulja Boy is the blueprint for the new record business," Interscope co-head of marketing Chris Clancy says. "He's built his phenomenon all on his own."

A year ago, "I was just making songs in my house and putting them

online," says Soulja Boy, who was raised by his mother in Atlanta but moved in with his father in Batesville, Miss., during eighth grade.

He began playing around with the audio production program Fruity Loops and uploading original tracks to soundclick.com, where artists rate one another's songs.

"Really, I was just playing around, but after I uploaded the first song, I was rated well," he says. "The Soundclick site linked to my MySpace page, and my hits started increasing, so I started taking it seriously."

Enter industry vet Mr. ColliPark (Michael Crooms), who was looking for new talent. He heard "Crank Dat" from several music scouts, and though the song in its rawest form hurt his ears, ColliPark eventually gave in, called Soulja Boy and told him to send over some music.

"Then I started asking kids about Soulja Boy; and they all knew of him," ColliPark says. "Then my attorney asked his kids, but they were already on the computer looking up ... Soulja Boy! So, we signed him."

ColliPark quickly rerecorded and polished Soulja Boy's songs, all of which he produced himself.

Interscope, which distributes ColliPark Music, wasted no time shipping "Crank Dat" to digital retailers like iTunes, prompting an immediate response from consumers (the cut is No. 1 this week on Billboard's Hot Digital Songs chart). The song's video premiered Aug. 10 on Yahoo Music and has already been named Jam of the Week on MTV2. HILLARY CROSLEY (BILLBOARD)

Today's Top Stops

FOR MORE TOP STOPS AND ENTERTAINMENT FEATURES, VISIT READEXPRESS.COM



THE HANDSOME FAMILY Odd Couple

1 Husband and wife team Brett and Rennie Sparks bring their unique and haunting blend of folk and country to Iota this evening. Spin magazine promises that this eclectic duo will "creep the living hell out of you." → *Iota*, 2832 Wilson Blvd., Arlington; 8:30 p.m., \$15; 703-522-8340. (Clarendon)

EDWARD P. JONES Capital Prose

2 Pulitzer Prize-winner and D.C. native Edward P. Jones will read from his second collection of stories tonight at the Museum of National History. "All Aunt Hagar's Children" captures the ordinary citizens of D.C. and the cultural intersections between South and North unique to the area.

→ *National Museum of Natural History, 10th Street and Constitution Avenue NW, 7 p.m., \$20; 202-633-3030. (Smithsonian)*

AKRON/FAMILY Spontaneity Rocks

3 The New York-based, folk-influenced, experimental rockers Akron/Family incorporate a lot of improv into their live shows, so you never know what you're going to get (but it's usually pretty darn good). → *The Rock and Roll Hotel, 1353 H St. NE; 8 p.m., \$12; 202-388-7625. (Union Station)*

WHAT'S HAPPENING?

Please send press releases and photos to expressevents@readexpress.com

McEntire's Harmonies for 2

The queen of country croons with some of the industry's finest

MUSIC | As a country singer who's had success on television, on Broadway and as an author, Reba McEntire has arguably achieved the broadest-based success of any Nashville artist of her generation. So, naturally, an album pairing her with other singers would cover as wide a territory as the many mount-

tains she's scaled.

With "Duets," she does just that. Besides the expected country partners — Kenny Chesney, Faith Hill and Rascal Flatts among them — McEntire joins forces with everyone from pop stars Justin Timberlake and Kelly Clarkson to classic rocker Don Henley to veteran singer-songwriter Carole King.

To her credit, McEntire challenges herself by pairing with several strong female voices, and the settings only prove how exquisitely



Reba McEntire's new album, "Duets," features a song with Justin Timberlake.

expressive and powerful her voice can be. She brings in Kelly Clarkson for a lush, countrified remake of "Because of You," and trades verses with LeAnn Rimes on the emotional tour-de-force "When You Love Someone Like That." Still, the best moments are more subtle, as when Ronnie Dunn waltzes with her through "Does the Wind Still Blow in Oklahoma?" and when Vince Gill brings out McEntire's tender side on "These Broken Hearts."

MICHAEL MCCALL (AP)

Entertainment



Have a "Grey's" season 3 marathon before season 4 starts on Sept. 27.

Refresher Courses On DVD

SMALL SCREEN | TV show DVDs are coming out fast and furious now that the fall season is imminent.

And it's nice to see that even subsequent-season sets are including more extras these days, which hasn't always happened in the past.

"Grey's Anatomy" season 3 arrived on disc last week (the fourth season hits ABC's air Sept. 27) in a "seriously extended" edition that includes four episodes presented with substantial unaired content, in addition to the usual array of deleted scenes and bloopers.

Three commentaries are fun and informative: the season premiere with give-and-take between Chandra Wilson and "Private Practice" spinoff star Kate Walsh; the Ellis-is-lucid-again hour, discussed by on-screen mom and daughter Kate Burton and Ellen Pompeo; and "Desire," with Sandra Oh. You even get to hang with Patrick Dempsey off-duty at stock car races.

"Desperate Housewives" season 3 also hit shelves recently, with a featurette going behind the scenes of the matrimonial season finale. No commentaries here (might have been especially nice on event episodes like the "Bang" supermarket hostage-taking), but other featurettes summarize the season's storylines and compare ABC's "DH" with a South American version. Deleted scenes and bloopers, too. Season 4 starts on ABC Sept. 30. DIANE WERTS (NEWSDAY)

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3:10 TO YUMA (R) 2:00, 3:20, 5:00, 6:20, 8:00, 9:20
THE BROTHERS SOLOMON (R) 10:25 PM
SHOOT 'EM UP (R) 1:30, 4:10, 7:10, 9:50
DEATH SENTENCE (R) 1:10, 4:05, 7:25, 10:05
HALLOWEEN (R) 2:40, 3:40, 5:40, 6:40, 8:40, 9:40
BALLS OF FURY (PG13) 2:10, 4:30, 7:30, 10:00
ILLEGAL TENDER (R) 4:45, 7:35, 10:15
MR. BEAN'S HOLIDAY (G) 1:50, 4:25, 7:15, 10:10
THE NANNY DIARIES (PG13) 2:05, 5:10, 10:45
WAR (R) 4:50, 7:50, 10:35
SUPERBAD (R) 2:20, 4:20, 5:20, 7:20, 8:20, 10:20
SUPERBAD (R) 2:20, 5:20, 8:20
RUSH HOUR 3 (PG13) 3:10, 5:35, 8:15, 10:45
STARDUST (PG13) 2:25, 5:45, 8:50
THE BOURNE ULTIMATUM (PG13) 2:30, 5:30, 8:30
THE SIMPSONS MOVIE (PG13) 2:15
HARRY POTTER AND THE ORDER OF THE PHOENIX (PG13) 3:50, 7:05
RATATOUILLE (G) 1:35

AMC SELECT

BECOMING JANE (PG) 1:45
DEATH AT A FUNERAL (R) 1:00, 3:15, 5:55, 8:25, 10:40

AMC COURTHOUSE PLAZA 8
Courthouse and Birch Rd.
703-998-4AMC

THE BRAVE ONE (R) ✓ 2:45, 5:30, 8:15
MR. WOODCOCK (PG13) ✓ 2:30, 4:40, 7:00
MR. BEAN'S HOLIDAY (G) 2:20, 4:30, 6:40
THE NANNY DIARIES (PG13) 2:55, 5:10, 7:40
RUSH HOUR 3 (PG13) 7:20
THE BOURNE ULTIMATUM (PG13) 2:50, 4:10, 5:20, 6:50, 8:10
NO RESERVATIONS (PG) 7:50
THE SIMPSONS MOVIE (PG13) 3:00, 5:00
RATATOUILLE (G) 2:40, 5:15

MAGIC JOHNSON CAPITAL CENTRE 12
800 Shopper's Way, Largo
301-324-4220

THE BRAVE ONE (R) 12:40, 1:05, 3:35, 4:05, 6:35, 7:00, 9:35, 10:00
DRAGON WARS (PG13) 12:25, 2:35, 4:55, 7:25, 9:50
MR. WOODCOCK (PG13) 12:20, 2:45, 5:10, 7:40, 10:10
3:10 TO YUMA (R) 12:55, 3:55, 6:55, 9:55
SHOOT 'EM UP (R) 12:50, 3:00, 5:15, 7:45, 10:15
HALLOWEEN (R) 12:35, 3:05, 6:05, 7:10, 9:05, 9:40
BALLS OF FURY (PG13) 12:45, 3:15, 5:25, 7:55, 10:05
RUSH HOUR 3 (PG13) 12:35, 1:35, 2:50, 4:15, 5:00, 6:25, 7:15, 8:45, 9:45
THE BOURNE ULTIMATUM (PG13) 1:00, 4:10, 7:05, 10:00
THE SIMPSONS MOVIE (PG13) 12:30, 2:40, 4:50

LOEWS SHIRLINGTON 7
2772 South Randolph
703-671-0910 801

AMC SELECT

THE 11TH HOUR (PG) 2:10, 4:20, 7:30
BECOMING JANE (PG) 1:30, 4:10, 7:10
DEATH AT A FUNERAL (R) 2:20, 4:40, 7:40
ROCKET SCIENCE (R) 1:50, 4:40, 7:50
2 DAYS IN PARIS (R) 2:00, 4:10, 7:00
MOLIERE (PG13) 1:40, 4:30, 7:20
NO END IN SIGHT (NR-NOT RATED) 1:50, 4:30, 7:10

LOEWS WHITE FLINT 5
North Bethesda
1-800-FANDANGO #7411

THE BRAVE ONE (R) 1:40, 4:15, 7:00
3:10 TO YUMA (R) 2:00, 4:35, 7:20
SHOOT 'EM UP (R) 1:55, 4:20, 7:05
THE NANNY DIARIES (PG13) 1:50, 4:35, 7:20
THE BOURNE ULTIMATUM (PG13) 1:45, 4:30, 7:15

-SPECIAL ENGAGEMENT No passes or discount coupons

CC - Closed Captioning · DV - Descriptive Video Service

AMC COLUMBIA MALL 14
10300 Patuxent Parkway
703-998-4AMC

PRESENTED IN DIGITAL PROJECTION

THE BRAVE ONE (R) 1:20, 4:20, 7:10, 10:05
THE BRAVE ONE (R) 2:20, 5:15, 8:10
DRAGON WARS (PG13) 1:35, 3:35, 6:20, 8:40
MR. WOODCOCK (PG13) 1:30, 3:50, 6:10, 8:30, 10:35
3:10 TO YUMA (R) 1:50, 4:40, 7:30, 10:10
SHOOT 'EM UP (R) 1:10, 3:45, 6:00, 8:20, 10:25
HALLOWEEN (R) 2:15, 5:00, 7:40, 10:15
BALLS OF FURY (PG13) 1:55, 4:15, 6:30, 8:50
MR. BEAN'S HOLIDAY (G) 2:30, 4:45, 7:00, 9:20
MR. BEAN'S HOLIDAY (G) 2:30, 4:45, 7:00, 9:20
THE NANNY DIARIES (PG13) 2:10, 4:50, 7:20, 9:50
SUPERBAD (R) 1:25, 4:10, 7:50, 10:20
RUSH HOUR 3 (PG13) 2:05, 4:25, 6:40, 9:00
THE BOURNE ULTIMATUM (PG13) 1:15, 4:05, 6:50, 9:35
HAIRSPRAY (PG) 2:25, 5:10, 8:00, 10:30

AMC SPRINGFIELD MALL 10
Loisdale and Franconia Road
703-971-3991

THE BRAVE ONE (R) ✓ 1:00, 4:00, 6:45, 9:30
DRAGON WARS (PG13) 5:30, 8:00
MR. WOODCOCK (PG13) ✓ 5:10, 7:20
3:10 TO YUMA (R) 1:50, 4:50, 7:30
SHOOT 'EM UP (R) 5:40, 7:50
HALLOWEEN (R) 2:00, 4:40, 7:20
BALLS OF FURY (PG13) 5:00, 7:30
MR. BEAN'S HOLIDAY (G) 4:40, 7:00
RUSH HOUR 3 (PG13) 1:15, 3:30, 5:50, 8:10
THE BOURNE ULTIMATUM (PG13) 4:30, 7:15

LOEWS RIO CINEMAS 18
9811 Washingtonian Boulevard
301-948-0906

PRESENTED IN DIGITAL PROJECTION

THE BRAVE ONE (R) ✓ 2:30, 5:30, 8:20
THE BRAVE ONE (R) ✓ 1:00, 4:00, 7:00, 10:00
DRAGON WARS (PG13) 2:05, 4:00, 7:20, 10:10
MR. WOODCOCK (PG13) ✓ 1:45, 4:45, 7:45, 10:15
3:10 TO YUMA (R) 1:30, 4:30, 6:00, 7:30, 9:00, 10:20
THE BROTHERS SOLOMON (R) 9:50 PM
SHOOT 'EM UP (R) 2:25, 5:00, 7:35, 10:10
DEATH SENTENCE (R) 3:25, 8:10
HALLOWEEN (R) 1:35, 4:15, 7:10, 9:50
BALLS OF FURY (PG13) 2:35, 4:50, 7:25, 10:05
MR. BEAN'S HOLIDAY (G) 1:05, 3:10, 5:10, 7:25, 9:45
THE NANNY DIARIES (PG13) 2:45, 4:30, 7:05, 9:40
THE NANNY DIARIES (PG13) 1:55, 4:30, 7:15, 10:05
WAR (R) 1:00, 5:50, 10:40
SUPERBAD (R) 1:20, 4:10, 7:30, 10:10
RUSH HOUR 3 (PG13) 1:25, 3:40, 5:55, 8:05, 10:15
STARDUST (PG13) 1:50, 4:45, 7:35
THE BOURNE ULTIMATUM (PG13) 1:55, 4:50, 7:50, 10:30

AMC SELECT

DEATH AT A FUNERAL (R) 1:35, 4:20, 7:05, 9:45

LOEWS GEORGETOWN 14
3111 K Street, N.W.
202-342-6441

PRESENTED IN DIGITAL PROJECTION

THE BRAVE ONE (R) ✓ 1:40, 4:30, 7:30, 10:30
ACROSS THE UNIVERSE (PG13) ✓ 1:00, 1:55, 3:40, 4:55, 6:45, 8:00, 9:50
ACROSS THE UNIVERSE (PG13) ✓ 1:00, 3:40, 6:45, 9:50
MR. WOODCOCK (PG13) ✓ 2:35, 4:45, 7:10, 9:40
3:10 TO YUMA (R) 2:15, 5:00, 7:45, 10:25
THE BROTHERS SOLOMON (R) 10:25 PM
SHOOT 'EM UP (R) 2:25, 4:40, 7:05, 9:25
HALLOWEEN (R) 2:45, 5:25, 8:05, 10:30
THE NANNY DIARIES (PG13) 2:20, 4:50, 7:15, 10:15
SUPERBAD (R) 1:20, 4:50, 7:30
STARDUST (PG13) 1:35, 4:25, 7:20
THE BOURNE ULTIMATUM (PG13) 1:25, 4:10, 7:00, 9:55
THE BRAVE ONE (R) ✓ 1:40, 4:15, 7:00
THE BOURNE ULTIMATUM (PG13) 4:45, 7:45, 9:45
HAIRSPRAY (PG) 5:00, 8:00
KNOCKED OUT (R) 4:00, 7:00

AMC SELECT

NO END IN SIGHT (NR-NOT RATED) 4:15, 7:15

LOEWS DUPONT 5
1350 19th St.
1-800-FANDANGO #711

THE BRAVE ONE (R) 4:30, 7:30

THE BOURNE ULTIMATUM (PG13) 4:45, 7:45, 9:45
HAIRSPRAY (PG) 5:00, 8:00

KNOCKED OUT (R) 4:00, 7:00

AMC SELECT

NO END IN SIGHT (NR-NOT RATED) 4:15, 7:15

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THE BRAVE ONE (R) 2:00, 5:00, 8:00

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05-M-0169 & 03-M-0001

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National Institutes of Health, Department of Health & Human Services

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of Mental Health



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CHANGE OF PACE: David Duchovny is trying something slightly different from his adult-themed Showtime series "Californication." The actor is working on a untitled live-action kids project for Cartoon Network about a budding journalist.

Television

ON TV TONIGHT

THE TABLES HAVE TURNED

The two-hour season premiere of **BEAUTY AND THE GEEK** (8 p.m., CW).

TIMELESS CLASSICS

LIVE FROM LINCOLN CENTER (8 p.m., PBS) captures the New York Philharmonic's opening-night concert.

HITCHCOCK THRILLER

A shattered ex-cop (Jimmy Stewart) falls for a femme fatale (Kim Novak) in the mystery **VERTIGO** (8 p.m., AMC).

PREMIERE, ROUND 2

Police partners unravel a conspiracy in New Orleans on the repeat season premiere of **KVILLE** (9 p.m., Fox).

TRAGEDY IN SPORTS

REALSPORTS WITH BRYANT GUMBEL (10 p.m., HBO) recalls the 1972 crash of the plane carrying Uruguay's rugby team.



THE ONLY CELLIST YOU KNOW! Yo-Yo Ma plays on "Live From Lincoln Center."

CAN GENIUS BE NURTURED?

BRAIN CHILD (10 p.m., National Geographic) spends time with a 2-year-old musical prodigy as well as children who were deprived of social stimulation. KEVIN McDONOUGH (UNITED FEATURE SYNDICATE)

The American Idol

ABC pays tribute to music's king in 2 rock-packed hours

HOUND DOG | Thirty years and a month or so after his death, ABC pays tribute to the king of rock and roll with the two-hour musical special "Elvis: Viva Las Vegas" (9 p.m., ABC). "Viva" combines previously unscreened clips of Presley concert performances with covers of his hits by singers Toby Keith, Joe Perry, Chris Isaak and Brandi Carlile. Paul McCartney and Willie Nelson recall his influence on their careers, and younger artists —



TAKE A BOW: After all these years, that Pelvis still captivates the nation.

including 50 Cent, Beyoncé, Celine Dion and Faith Hill — discuss his enduring legacy.

Is Presley's Las Vegas era something to be celebrated or mourned? Was it a chance for him to reinvent himself and reach his fans? Or a sad final stay in the Heartbreak Hotel?

Fans of Presley's latter period should buy, rent or borrow the 1970 documentary "Elvis: That's the Way It Is," a look at the king as he plans and rehearses the routines that would constitute his night-club act. It presents a fascinating glance at the artist during a crucial stage in his career (as well as in the development of Las Vegas) during one of its many moments of metamorphosis. KEVIN McDONOUGH (UNITED FEATURE SYNDICATE)

9.18.07													
LOCAL CHANNELS		6:00 PM	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WRC (4)	News (N) CC	NBC Nightly News	Access Hollywood	The Biggest Loser (N) O CC	K-Ville "Pilot" O CC					Law & Order: Special Victims Unit O	News (N) CC	Tonight Show	
WTG (5)	News (N)	TMZ (N) O CC	The Simpsons O	Seinfeld CC	House "Human Error" O (PA) CC					News (N)	News (N)	TMZ O CC	
WJLA (7)	News (N) CC	ABC Wld News	Wheel of Fortune	Jeopardy! (N)	Just for Laughs	Just for Laughs	Elvis: Viva Las Vegas (N) O CC			News (N) CC	(35) Nightline (N)		
WUSA (9)	News (N) CC	Evening News	News	Entertainment	Power of (10) N O CC		Big Brother 8 (Season Finale) CC			NCIS "Angel of Death" O CC	News (N) CC	Late Show	
WDCA (20)	Judge Judy (N) O	Judge Joe Brown	King of Queens	King of Queens	The Academy (N) O CC		Jail (N) O CC	Jail O CC		Every-Raymond	King of the Hill O	Law & Order: Criminal Intent "Art" O	
WMPT (22)	The NewsHour With Jim Lehrer (N)	Business Rpt.	Outdoors Md.	Live From Lincoln Center (N) O						The Life and Times of Frida Kahlo O CC		Smart Travels	
WETA (26)	BBC World News	Business Rpt.	The NewsHour With Jim Lehrer (N)	Live From Lincoln Center (N) O						The Life and Times of Frida Kahlo O CC		Charlie Rose (N)	
WHUT (32)	World Business	Tavis Smiley O	BBC World News	Moneywise	Mystery! "Miss Marple, Series III: At Bertram's Hotel" O		Complete-Pépin	BBC World News	Tavis Smiley O	Charlie Rose (N) O CC			
WDCW (50)	My Wife and Kids	Family Guy CC	Two/Half Men	Friends O CC	Beauty and the Geek A hot guy and a geeky gal throw the house into turmoil.			Family Guy CC	Friends O CC	Two/Half Men	Sex and the City		
A&E													
Animal	Cold Case Files CC	CSI: Miami "Witness to Murder" O	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Criss Angel	Criss Angel	Criss Angel Mindfreak "Luxor Light"				
BET	The Crocodile Hunter CC	The Most Extreme	Fooled by Nature	Wild Kingdom "American Savanna"	Wildlife on One	Animal Battle.	Miami Animal Police "Battle to Live"			The Most Extreme	Fooled by Nature		
Bravo	106 & Park: BET's Top 10 Live CC	Hell Date CC	★★ "Soul Plane" (2004, Comedy) Kevin Hart, Tom Arnold. CC				Hell Date CC	Hell Date CC	Take the Cake (Live) CC				
Comedy	Project Runway "Finale" The winner is chosen. CC	Victoria Beckham: America	Tim Gunn's Guide to Style CC	Tim Gunn's Guide to Style CC			Tim Gunn's Guide to Style CC		Victoria Beckham: America				
Court	"Shriek If You Know What I Did"	Scrubs O CC	Scrubs O CC	Daily Show	Colbert Report	Mind of Mencia	South Park CC	Jeff Dunham: Arguing With Myself	Daily Show	Colbert Report			
Discovery	Cash Cab CC	Cash Cab CC	Mega Builders	Cops O CC	Cops O CC	Surviving the Moment of Impact 4 O	Inside "Gangs Behind Bars"			SPAM: The Documentary CC			
DISCH	Code Blue "One Simple Mistake"	Impact: Stories of Survival CC	Quintuplets! Revisited CC	Duggar Baby 17						Dirty Jobs "Coal Miner" Coal mining.			
Disney	Life With Derek	Life With Derek	Hannah Montana	Zack & Cody	★★ "Cadet Kelly" (2002) Hilary Duff, Christy Carlson Romano. O CC		That's So Raven	Life With Derek	Zack & Cody	Hannah Montana			
E!	Expensive Celebrity Weddings	E! News (N)	The Daily 10 (N)	The View: The E! True Hollywood Story "The View." O	Dating Show	Girl Next Door	Girl Next Door	E! News	Chelsea Lately				
FX	(5:00) ★★ "The League of Extraordinary Gentlemen" (2003) Sean Connery.	★★ "Hide and Seek" (2005) Robert De Niro, Dakota Fanning. Premiere.					Damages "Blame the Victim" (N)	(.05) Damages "Blame the Victim"					
HGTV	Small Space If Walls Could	House Worth?	House Hunters	Designed to Sell	My First Place	Decorating Cents	24 Hour Design	House Hunters	My Kitchen	House Worth?	Hidden Potential		
Family	8 Simple Rules O	8 Simple Rules O	Grounded for Life	Grounded for Life	Lincoln Heights (N) CC	"Dr. Dolittle 3" (2006, Comedy) John Amos, Kyla Pratt, Chelan Simmons. CC				The 700 Club CC			
History	Cities of the Underworld Cappadocia.	Modern Marvels: Bedroom Tech	Star Trek Tech CC	The Universe The sun. CC			Mega Disasters "Gamma Ray Burst"	Rogue Waves CC					
Lifetime	Reba O CC	Reba O CC	Still Standing O	Still Standing O	Reba O CC	Reba O CC	"Unthinkable" (2007, Suspense) Michelle Forbes. CC	Will & Grace O	Will & Grace O				
MTV	Life of Ryan O	Newport Harb.	Newport Harb.	VMA Fantasy	True Life O	Jackass O	Jackass O	Scarred O	Scarred O	Scarred O	Scarred O		
NICK	Zoey 101 CC	Ned's School	Ned's School	Drake & Josh O	SpongeBob	Drake & Josh O	Home Improve.	Home Improve.	George Lopez O	George Lopez O	Fresh Prince	Fresh Prince	
SCI FI	Stargate SG-1 "Shadow Play" CC	Flash Gordon "Ascension" O CC	Eureka "Sight Unseen" O CC	Eureka "Maneater" (N) O CC			ECW Who's the ECW Champion?	Flash Gordon "Ascension" O CC					
SPIKE	CSI: Crime Scene Investigation O	CSI: Crime Scene Investigation O	CSI: Crime Scene Investigation O	CSI: Crime Scene Investigation O	CSI: Crime Scene Investigation O	CSI: Crime Scene Investigation O	CSI: Crime Scene Investigation O	CSI: NY A tiger kills a man. O CC					
TBS	Friends O CC	Every-Raymond	Every-Raymond	Family Guy CC	Family Guy CC	Family Guy CC	The Office CC	The Office CC	Sex and the City	Sex and the City			
TLC	Property Ladder CC	Mostly True Stories: Urban Legends	Overhaulin' "Junk in the Trunk"	LA Ink "Corey's Vasectomy"	LA Ink "Corey's Vasectomy"	LA Ink "Pixie's Surgery" (N)	LA Ink "Pixie's Surgery" (N)	LA Ink "Pixie's Surgery"					
TNT	Law & Order "Surrender Dorothy" O	Law & Order "Red Ball" O	Law & Order O CC (DVS)	Law & Order "Pro Se" O CC (DVS)	Law & Order "Pro Se" O CC (DVS)	Without a Trace "Trip Box" O CC	Without a Trace "Trip Box" O CC	Without a Trace "Moving On" CC					
USA	Law Order: CI	Law & Order: Criminal Intent CC	Law & Order: Special Victims Unit O	★★ "Sweet Home Alabama" (2002, Romance-Comedy) Reese Witherspoon, Josh Lucas. CC					Law & Order: Criminal Intent CC				
VH1	Fabulous Life Of... "The Hamptons"	Fabulous Life Of... "Cougars" O	CBS Backstage	Hogan Knows	Rock of Love With Bret Michaels O	Rock of Love	The Pick Up Artist O	★★ Next Friday					
SPAN.													
TELEM	Daniela	Noti-Telemundo	Dame Chocolate	Madre Luna	La Esclava Isaura	Amor Mío			Noti-Telemundo	12 Corazones			
UNIV	Que Locura	Noticiero Univ	Yo Amo a Juan Querendón	Amar sin Límites	Destilando Amor	S.O.S. Sexo y Otros Secretos			Primer Impacto	Noticiero Univ.			
SPORTS													
CNN	Lou Dobbs Tonight CC	The Situation Room	Out in the Open	Larry King Live CC	Anderson Cooper 360 CC								
FNC	Special Report (Live) CC	The Fox Report With Shepard Smith	The O'Reilly Factor (Live) CC	Hannity & Colmes (Live) CC	On the Record-Van Susteren								
MSNBC	Tucker	Hardball CC	Countdown With Keith Olbermann	MSNBC Live With Dan Abrams	MSNBC Investigates: Hollywood Vice	Dead Men Talking: The Buried Man							
AMC	(5:30) ★★★ "The Birds" (1963, Suspense) Rod Taylor. PG-13'	★★★★ "Vertigo" (1958) James Stewart. A detective with a fear of heights falls for his quarry.					(:45) ★★★ "Saboteur" (1942) Robert Cummings. PG'						
TCM	(:15) ★★★ "Suspicion" (1941, Suspense) Cary Grant. NR CC (DVS)	★★★★ "Ziegfeld Girl" (1941, Musical) James Stewart, Lana Turner. NR CC					(:15) ★★★ "The Killers" (1946, Crime Drama) Burt Lancaster. NR CC						
HBO	★ "The In Crowd" (2000) Lori Heuring. O PG-13 CC	(:45) ★★ "Hollywoodland" (2006, Mystery) Adrien Brody, Ben Affleck, Diane Lane. O R CC					REAL Sports With Bryant Gumbel (N)	Tell Me You Love Me O CC					
MAX	Arlington Road 'R'	★★ "Analyze This" (1999) Robert De Niro. O R CC	(:15) ★★ "Cheaper by the Dozen 2" (2005) Steve Martin. O PG CC				★★ "Final Destination 3" (2006, Horror) O R CC	(35) Hotel Erotica					
SHOW	(5:45) ★★★ "Mission: Impossible III" (2006) Tom Cruise. PG-13 CC	★★★ "Akeelah and the Bee" (2006) Laurence Fishburne. iTV. O PG CC					Weeds (ITV) O	Weeds (ITV) O	Californication O	Californication O			
TMC	Son-Pink Pntr	★★ "American Crime" (2004) Annabella Sciorra. R' CC	(:05) ★ "Cyber-Tracker 2" (1995) O R CC				(:45) ★ "Cyborg 2" (1993, Science Fiction) Jack Palance. O R CC		Shooting Gallery				
STARZ!	★★ Judge Dredd	★★ "The Da Vinci Code" (2006, Mystery) Tom Hanks, Audrey Tautou. O PG-13 CC	★★ "Step Up" (2006, Musical) Channing Tatum, Mario. O PG-13 CC				(10:50) ★ "Pulse" (2006) Kristen Bell.						
ENCORE	(:15) ★★ "Striking Distance" (1993, Action) Bruce Willis. O R CC	★★★ "Selena" (1997, Biography) Jennifer Lopez, Jon Seda. O PG CC					(:15) ★★ "Sleeping With the Enemy" (1991) Julia Roberts. O R CC						

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INSOMNIA

If you are at least 18 years old and have trouble STAYING ASLEEP you may qualify to participate in a research study of an investigational medication.

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Martha White, MD, Michael Kaliner, MD, Athena Economides, MD, Henry Li, MD, PhD and Mark Scarupa, MD

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AD BONE MARROW 03/02

Are you bothered by the pain and urgency of Irritable Bowel Syndrome?

Washington Gastroenterology is currently in search of female volunteers for a research study testing an investigational medication for the treatment of Irritable Bowel Syndrome and associated diarrhea.

Qualified study participants must be at least 18 years of age and otherwise healthy. IF you are eligible to participate all laboratory and professional services for this research study are provided at no cost to you. You may also be compensated for your time and travel.

For more information, please call 410-465-2455

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- Study medication (No placebo)

If you are 18 years of age and older and have been told by a doctor that you have Chronic Hepatitis C (CHC), you may qualify for this research study.

Please call now for more information (410) 465-2455

 "They said my surgery could affect my desire... and it did"

Sexual intimacy is an important part of a relationship

But when desire diminishes after your ovaries are removed at the time of hysterectomy, your relationship can be affected physically and emotionally.

If you are not satisfied with your sex life after your surgery, you may be qualified to take part in a research study for women. This study will evaluate whether an investigational medication will help give back the desire women with low sexual desire once had.

To qualify, you must:

• be between 30 and 65	• be on a stable dose of estrogen
• have had a hysterectomy with both ovaries removed	• be in a stable relationship with one man

Qualified participants will receive all study-related care, including physical exams, laboratory testing services and study medication.

Call for more information:

Carol J. Mack, MPH, MSHS, PA-C
Office of James A. Simon, MD, PC
202-293-1000

The First Step Is Your Call

CANCER SURVIVORS: EXERCISE STUDY



Eligible candidates:

- Cancer survivors
- 18-65 years of age
- Completed chemotherapy at least 2 years ago



Please consider joining a research study comparing two exercise programs **Tai Chi Chuan** and **cycling exercise** at the National Institutes of Health.



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<http://nccam.nih.gov/exercisestudy>

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JOBS

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Activism

Save the Bay! Learn the basics of political organizing and fundraising while working with the Chesapeake Bay Foundation. Passion for the environment and good communications skills a must. Hours M-F 1:30-10:00p.m. 400-510/wk + bonus. Call Citizens Campaigns at 202-895-0420 ext 113.

ADMINISTRATIVE ASSISTANT

The Embassy of the Republic of Cyprus in Washington, D.C. has two positions. FT and temp (Sept. 21 - Jan 3). The requirements are:
 • Fluency in English and Greek languages
 • Adequate computer skills
 • Typewriting skills in both English and Greek
 • Organizational/filing experience
 Submit resumes by Sept 19 for the temp position & Sept 21 for the FT position to:
 Embassy of the Republic of Cyprus
 2211 R Street N.W. Washington, D.C., 20008
 Email: info@cyprusembassy.net
 Tel: 202-462-5772 or Fax: 202-483-6710

Administrative Assistant

Busy security firm seeking a FT Administrative Assistant. Able to multi-task, Windows XP, Excel, effective communication skills req'd. College grad or 3 yrs. min. pref'd. 7 yrs. of office exper. req'd. Call: 301-352-9070 for an appointment.

Administrative—Seeking PC tutor for help with faxing, scanning, webcam, etc. Call Jim at 301-420-8285.

AUTOMOTIVE
ASSISTANT CFO/CONTROLLER

For the largest auto dealer in the area, 5 years experience. Good multi-tasker. Great benefits:

- 401 K
- Life Insurance
- Health Insurance

Please fax resume to: **301-718-0522**

Automotive

GENERAL MANAGER

Seeking a General Manager for several car rental agencies in the Washington DC area. Will manage and direct the company toward its objects and oversee budget goal. Min of 4 yrs exper. req'd. Must have a strong work ethics and high energy. Great incentive program and benefits package. Send resumes to: Wash. Post. Box M1205, DC 20071-6250

Automotive

MASTER TECHNICIAN

Milex & Mr. Transmission, in Lanham MD, has an excellent opportunity for an experienced master auto technician with 5+ years of exp performing quality auto repairs. Current ASE certifications a definite plus! Call 301.429.9800 or fax resume to 301.429.5700. EOE

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Family owned multi location auto repair shop seeking ASE cert. Techs. 401K/ insur. Call Kelly, 703 501 9800.

bf08 AUTO

Family owned multi-location auto service & tire center seeking Service Advisor. 401K/ insur. Call Kelly, 703-501-9800.

CNA'S

50 Live-Ins MD & DC

Needed immed. 1yr. exper. req'd. Call 301-587-9600

Construction

Crane Operator
Metropolitan DC/Northern VA

C.A. Murren & Sons, a land development road/contractor, is seeking a **Linkbell RT-850 Hyd Crane Operator**, with NCCCO certification. Must have stable work history, & clean driving record. Excellent pay, medical, paid vacation, 401k w/co contrib. Pre-employment drug screening required. Send resume to: chopkins@camruren.com
 Ph: 703-579-8533 / Fax: 678-597-0919

Construction

Carpenter, Commercial Window Installer. Experience a plus. Call 412-551-5326.

Construction

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Paid by square, experienced in transportation. FT work. Work is in Catonville, MD. Call Phil 703-615-5139.

Construction

Utilities Superintendent/
Foreman
Metropolitan DC/Northern VA

C.A. Murren & Sons, a land development road/contractor, is seeking a management professional w/5 yrs experience in all phases of sanitary, storm, and water line construction. Must have stable work history, & clean driving record. Excellent pay, medical, paid vacation, 401k w/co contrib. Pre-employment drug screening required. Send resume to: chopkins@camruren.com
 Ph: 703-579-8533 - Fax: 678-597-0919

Counselors

JC Counseling services has an opening for a Counselor (LPC). Fax resume to 202-610-0001

COUNSELORS, RESIDENTIAL

Evening staff needed for MR/DC citizens. Will supervise and assist with ADL skills, household duties and outings. \$9/hour. H.S. Diploma or G.E.D. required. Full-time, part-time and on-call hours available. Apply in person, M-F, 9:30AM - 4:30PM. Total Care Services, 5780 2nd St., NE.

CUSTOMER SERVICE

National Children Center is currently accepting applications for outgoing, motivated persons to answer moderate to heavy incoming phone calls. Must enjoy working with the public and have a pleasant phone voice. General office duties included. Potential for advancement based on performance. Apply in person at: 10811 Tucker St. Beltsville, MD 20705, Monday-Friday 8am-4pm

DANCERS—Wanted for Gentleman's Club (PG County). \$300-\$500/night. No exp. needed. 240-286-3660 or 301-568-8500

Data Coordinator/Analyst

PT, detail oriented, Microsoft Excel skills is a must. Process and validate address data destined to colleges and universities using various electronic tools. Crystal City metro stop. Compensation commensurate with skills. Send resume to university@intra-mail.com

JOBS

Dental Assistant/Front Desk

S. Alex area, part-time. Seeking indiv. with 2 yrs chairside exp. X-Ray cert. Working knowledge Software or similar, and CDT Coding. Fax resume: 703-780-6099.

Dentist Associate—in Severna Park. Call 410-356-5032

DRIVER S—A great opportunity for 5 professional couriers! Comm + gas incentives. Potential \$600-\$800 a week. Benefits offered by a 3rd party co. If you own a car or van, call Dom (M-F) 301-419-2626.

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Class A CDL with H & T endorsement for local construction co. Call 301-277-8220

DRIVER-DUMP TRUCK

Exper. CDL Class B drivers needed in Gainesville, VA Area. 703-966-2072 or 703-927-2143.

Drivers/Delivery
 Immediate positions available. Must have clean driving record and own transportation. Good pay and benefits. Call 301-598-3843.

DRIVERS

We are looking for Non-CDL Drivers to do deliveries in the early morning hours, 1AM-9AM. Must pass 10 yr. criminal bckgrnd, check/no negative points on DMV record. Pay is up to \$16/hr DOE. Come to our **JOB FAIR** on **Thursday, Sept. 20, at 11:00 AM**, **1033 W. Glebe Rd., Alex, VA 22305**. Behind 7-11. **MUST BRING** DMV Record & 10 yr. police bckgrnd check to qualify. **WE ARE HIRING ON THE SPOT!** CALL CAESAR AT 703-496-0719.

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 With experience. Must have own transportation. Competitive salary. Call 202-607-4481.

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Our VP of Finance and HR is seeking an experienced professional with excellent administrative skills. You must have outstanding interpersonal skills, a strong service orientation and an ability to work well under pressure in an ever-changing environment. Primary responsibilities include managing a high volume of traffic, arranging travel/meetings, coordinating special events and problem resolution. Strong computer skills w/ experience in MS Office Suite and Lotus Notes a must. **Get More Info at www.washingtonjobs.com**. Qualified candidates should email resume, cover letter and salary req Attn: FINHR/AAC/S/JL talentsearch@washpost.com

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FRONT COUNTER

PT experienced Front Counter person to tag & sought garments. Must have drycleaning experience. Good oral skills and good appearance. 3 days/week. Call 202-381-8237.

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We offer great benefits. (health/dental/life ins; 401K; PTO, etc.)

To apply fax resume to (202) 638-6887 or apply in person. Must indicate which position you are applying for to be considered. Qualified candidates will be contacted. No phone calls please.

EOE/AA



DHS Job Fair

**Wednesday September 19, 2007
 2:00pm - 6:00pm**

Please dress professionally and bring plenty of resumes!

Donohoe Hospitality Services is one of the largest independent hotel management companies in the Washington metro area. We are currently recruiting for all Front Office positions for our Marriott and Intercontinental Hotel Group brands. The ideal candidates must meet the following requirements:

- Minimum of six months cash handling experience required.
- Detail oriented and dependable
- Ability to multitask.
- Excellent communication skills.
- Proficiency in the use and operation of computer systems
- Flexible Schedule required

Donohoe Hospitality Services offers a competitive salary with bonus, health, dental, 401K and Discounted Room Rates.

Where???

Holiday Inn Georgetown
 2101 Wisconsin Ave N.W.
 Washington DC, 20007
 202-338-3120 ext 7249
 EOE

LAB AIDE—MAPS, Path. Lab seeking FT Lab Aide w/B.S. in Biology from 2p-10p. Fax resume to 703-404-1131

LEGAL PATENT SECRETARY
 Alexandria IP law firm seeking FT Patent Secretary with excellent computer, communication, grammar, typing and organizational skills for senior partner. Must be detail-oriented. Min. 1 yr. IP exper. required. Benefits incl. medical, 401K, free prkg. in bldg. Salary D.O.E. Send resume to 703-683-1080 or email: hr@baconthomas.com

LEGAL SECRETARY — IP
 N. End Old Town Alex. — Long established 12-attorney IP firm seeks secretary with excellent computer, communication, grammar & typing skills to assist with U.S. trademark prosecution, U.S. patent litig., and some U.S. & foreign patent prosecution. Min. 1 yr. exp. WP, MS Word, PCLaw & PCMaster a plus. Benefits incl. medical, 401K, free underground prkg. Email resume to: hr@baconthomas.com

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JOBS

LIBRARY

DC PUBLIC LIBRARY - SUNDAY SERVICE PART-TIME LIBRARIANS

The D.C. Public Library is seeking P/T librarians for Sunday service (12:45 p.m. - 5:15 p.m.) in neighborhood libraries. ALA-MLS degree + exp with adult/children. Must have superior customer service skills. For more info, see our website www.dclibrary.org/jobs to Apply: Submit a DC 2000 Employment Application + resume to: Human Resources Dept, Rm. 423, Martin Luther King, Jr. Memorial Library, 901 G Street, N.W., Washington, D.C. 20001 or email to: hr.dcl@dc.gov EEO/AA Employer

Maintenance

LEAD MAINTENANCE TECHNICIAN FOR RESTAURANTS

Popeyes franchisee in MD/DC/VA is looking to hire a FT lead maintenance person to repair restaurant equipment in its 12 area stores. Must have valid drivers license. Must be experienced w/restaurant equip, refrigeration, electrical, plumbing, painting, drywall and HVAC certified. Must be able to work in the U.S. Salary is negotiable. E-mail resume/refs/salary reqs. to al.burd@mrmc-popeyes.biz or fax to: (703) 698-0117, Attn: A. Burd

Managers

WANTED:
Client Service ManagersREWARD:
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Merrill Legal Solutions, a leading diversified litigation support and document management service provider, is seeking exceptional and dynamic candidates to fill Site Manager and Legal Record Manager vacancies at our premier DC and NOVA sites.

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* Please inquire about details

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Truck & RV repair. VA Inspector is a plus. Mon-Fri, 7:30-4:30p. Good pay & benefits. 703-444-8900.

Medical Billing

Medical Biller. FT w/benefits. \$12-\$18/hr. DME co. 1-3 yrs billing exper. preferred. Fax resumes to 703-370-7985.

MEDICAL JOBS VA — Temp & Temp-to-Perm in Fairfax, Alexandria and Arlington for Med Recepts & Med Assts. 2+ yrs Dr ofc exper req'd. Good \$\$ Fax MSA 703-921-3861.

Classifieds

JOBS

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For residential work, Northern Virginia. Background check required. Call 703-915-2022.

Painter

Paint Shop Supervisor

The National Gallery of Art is seeking an experienced supervisor with exemplary people skills to oversee five painters in the Facilities Paint Shop. The individual will be responsible for many public areas and all staff areas and needs experience with color matching, spray painting, plaster and furniture finishing. Secure government job, great benefits. Starting wages \$58,800. Call Mr. MacFarlane (202) 842-6816 for more info. U.S. citizenship is required. For specific application information and instructions go to <http://jobsearch.usajobs.opm.gov/a9nq.asp>. The vacancy announcement number is #07-72. **Applications will be accepted through 10/12/07. EOE**

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CLEAN WATER ACTION. Want an awesome part time job where you can make a difference and make some money? Come work with us: speak truth to power, fight against the corporate agenda, and clean up our environment. 4:30-9:30 pm, \$9-11/hr + BONUS, Flexible Schedule, Merit-Based Promotions. Call Today, Start Making a Difference Tomorrow! 202-895-0420 ext 113.

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Call: 703-795-5591

Restaurant

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The Greene Turtle Sports Bar And Grille is fun, dynamic and growing and we are currently seeking a qualified, experienced Kitchen Manager. We offer a competitive salary, health insurance and great benefits. Please e-mail resume to gtrznctr@thegreeneturtle.com or call 202-637-8889

Restaurant

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America's fastest growing deli, Heidi's Brooklyn Deli is seeking reliable, energetic and enthusiastic individuals to fill the following positions:

- Server
- Prep
- Housekeeper
- Cashier

Wages are generally above area competitors.

Please visit Yvette or Sonny at 1710 H Street NW, Washington DC 20006, just two blocks from the Farragut West and Farragut North metro stations.

Restaurant

Exec & Sous Chef, Cashier, Dishwasher
needed for established staff restaurant. Full time, Mon - Fri, benefits, competitive pay. Fax resumes to 703-706-0443, or email to joy@seasonsculinary.net

RESTAURANT

COOK, NIGHTS

For busy tavern, Zoobar Cafe, 3000 Connecticut Ave, NW, Washington, DC

RESEARCH TECHNICIAN

Like People? Like Numbers? This job has both, requires good analytical skills, writing and communication. Knowledge of Excel is helpful. www.naccas.org attn, Bird; FAX (703) 379-2200

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Restaurant

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- Exp. Line Cooks
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Award winning fine dining Italian restaurant in Georgetown is looking for the following positions:

- Servers
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Apply in person 1063 Wisconsin Ave., NW or FAX resume to 202-338-8806 or EMAIL dino@filomena.com.

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Greeters, Seaters & Experienced Servers

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RESTAURANTS

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Retail

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ASSISTANT MANAGERS

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Thursday, September 20th
9:00am - 2:00pm

SAVE-A-LOT CAREER FAIR

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RETAIL OPENINGS

FDY, Inc, Food Service Mgt. Co. has several PT and FT Cashier positions available at Bowie State Univ, Bowie, MD Applicant will be responsible for cash handling, food prep and sanitation. Prior exp. in retail outlets (Pizza Hut/KFC, fast food) is ideal. Scheduled hrs between 8Am-8Pm Wkly. Sal \$8.25-8.50 per hr with comp. benefits. Complete app. at Bowie State Univ. Dining Service Wiseman Center or call 301-860-3845 for appointment

Retail



STARBUCKS JOB FAIR

Is outstanding customer service your priority? Are you someday interested in management opportunities in a socially responsible, friendly company? Are you interested in comprehensive benefits that include tuition reimbursement, retirement, and stock options?

If so, we need you!

Starbucks is currently hiring full-time and part-time baristas and shift supervisors, assistant managers, and store managers for our DC Metro stores!

On Tuesday, September 25, 2007, we are holding a city-wide job fair at the following store locations:

- 21st & P Streets, NW
- Chinatown - 800 7th Street, NW
- Tenleytown - 4513 Wisconsin Avenue, NW
- Pentagon Row - 1101 S. Joyce Street, Arlington, VA

Please come by between 11:00 am and 3:00 pm to fill out an application and have an on-the-spot interview!

Sales-Carpet Sales — FT Experience. 703-771-3383.

SECURITY

DC PUBLIC LIBRARY SPECIAL POLICE OFFICERS

The D.C. Public Library is seeking Special Police Officers for its Public Safety Dept. For more info, see our website at www.dclibrary.org/jobs. To Apply: Submit DC 2000 Employment Application & resume to: Human Resources Dept. Rm. 423, Martin Luther King, Jr. Memorial Library, 901 G St., N.W., Washington, D.C. 20001 or email to: dcpl@dc.gov. EEO/AA Employer.

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- Have a Valid Drivers License
- Be at least 24 years of age
- Be able to work demanding hours

- You also MUST have:
- A PROFESSIONAL neat appearance
- Very good communication skills

Apply in person
Tuesday, Wednesday & Thursday
10:00am-11:30am

POHANKA

TEMPLE HILLS, MD
301-899-7800

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Office supply co. in Landover looking for experienced personnel. Opportunities available in sales, management and bookkeeping. Call 301-322-5600.

SALES/MARKETING **MANAGEMENT OPPORTY**
Entry level \$600-\$900/wk

Opportunity to learn marketing and tech integration in education field. Preset/pre-qualified appointments. NO EXPERIENCE. Training provided. Salary/commission. Car required.

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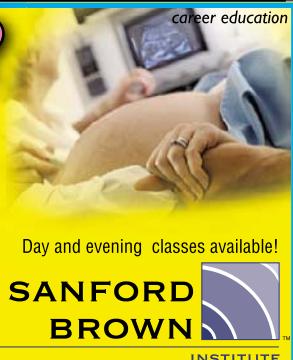
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LOOK out

* TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE

Jersey Girls

Sports

A pro football league for women runs on the love of the game

Lisa Watson has a husband and five kids at home, plus a full-time job. But her schedule gets really crazy in the summer and fall, when she becomes "Tank," a member of the Indiana Speed women's professional

football team.

"I just make time, because I love it," said Watson, dressed in pads and a helmet while taking a break from a sweltering August practice.

When football fans across the nation were gearing up for college football and the NFL, the 14 teams in the Women's Professional Football League had already begun their eight-week regular season.

They don't have prime-time TV spots or multimillion-dollar sponsorship deals. They don't draw huge crowds to their games at high school

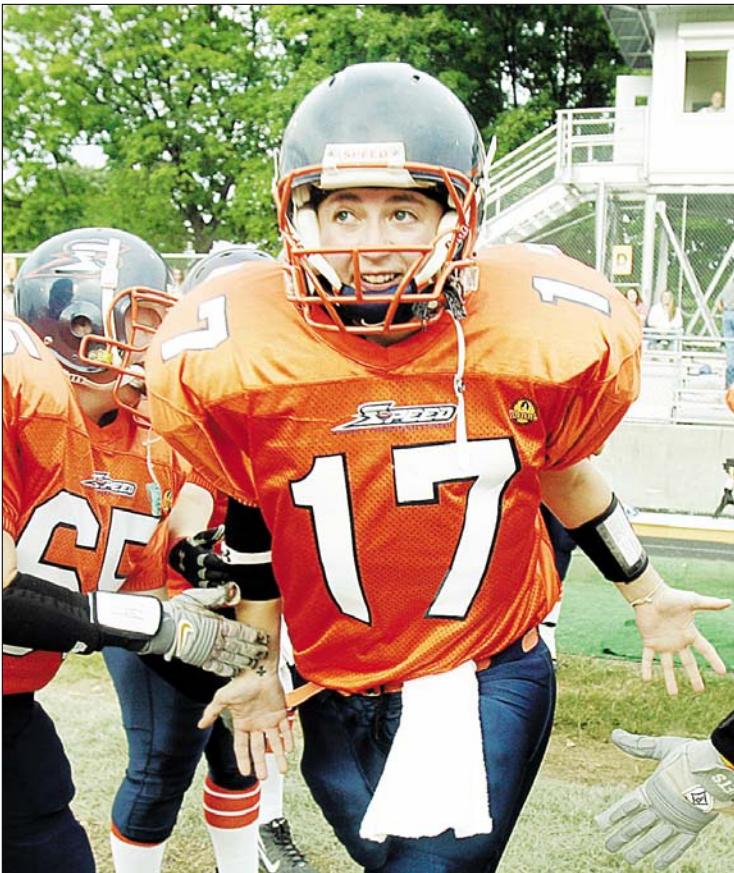
INSIDE

Emmy fashion:
Pretty and/or
hideous | 35



Live Online: Post writer on global warming | 36

Post-Emmys: Kanye is the life of the party | 38



READY FOR KICKOFF: Indiana Speed quarterback Cassie Longcore takes the field.

or small-college stadiums. Most teams — with names such as the Las Vegas Showgirlz, the Minnesota Vixen and the Carolina Queens — don't make a profit.

But the women who wear these football uniforms aren't playing for fame. And with salaries sometimes

at \$1 per game, they certainly aren't playing for fortune.

"I got into it just for the love of the sport," said April Priest, a linebacker and running back. "I saw my first practice and was hooked."

Though women's football has been around for more than 100

years, the current incarnation of the WPFL began in 1999. Dozens of teams offer women the chance to play football in at least three different leagues, said Brian Wiggins, executive director of the Women's Professional Football League and owner of the Houston Energy.

Team members like the camaraderie they've found in a sport dominated by men.

"I just thought it'd be fun," said Sandi Ballard-Groth, a wide receiver and co-owner of the Speed. "I'm a football fan, and I always thought it'd be cool to play. I just didn't know it would be as intensive as this."

The women in the WPFL play by most NFL rules and, like the guys, they study film and pore over playbooks. The result is entertaining, full-contact football, said John Evans, coach of the Empire State Roar of Rochester, N.Y.

"These girls can hit," Evans said. "It's a vicious contact sport, and they don't lay back."

Even so, teams don't put up NFL numbers. At the Speed's Aug. 18 season opener, Speed quarterback Cassie Longcore completed seven of 18 passes for 64 yards and a 17-yard touchdown pass to lead the team to a 16-0 victory over Minnesota.

Still, Wiggins insists women's football is not a "sideshow."

"We're not powder puff," he said. "It's real women, real football. It's the real deal." DEANNA MARTIN (AP)

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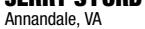
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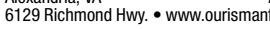
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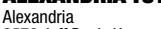
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Seasoned for Stardom

Food

A secret meat sauce has brought celebrity to a Mississippi store

Hoover Lee's honey-brown Mississippi Delta marinade imparts a flavor that reflects its maker — a dash of the Deep South with nuanced notes of Asia.

"My main thing was trying to get a sauce that tasted like roasted Cantonese duck — that type of taste," the 73-year-old native of China says in a booming baritone.

And that blending of cultures has proved hugely popular, despite Lee's unwillingness to market by more than word of mouth.

It's also putting the fading farm town of Louise, Miss., with only 300 residents, on the culinary map. Recipes and stories featuring the sauce have appeared in regional newspapers and magazines, and Southern Living magazine recently named it an editors' pick.

"It's surprising to me that it's beginning to move fast," said Lee, who has been concocting the sauce from a secret recipe and selling it out of his Lee Hong Co. general store since the early 1980s. "In the past, I've just been dealing with local people."

Now he even gets recognized on the street 1½ hours away in Jackson, Miss.

"That's Mr. Hoover, the Hoover Sauce man," Lee says he often overhears people say. "It was just a hobby that turned into a working hobby now. I've just been blessed."

Hoover Sauce blends the saltiness of soy sauce with the sweetness of, well ... Lee won't say. Whatever it is, it works magic with chicken and baby back ribs, and he says people drive for miles to get it.

Though he has yet to sell Hoover Sauce online, Lee increasingly finds himself packing up jugs of it to ship to customers across the country and beyond. He has sent it as far west as Hawaii and as far east as France.

Today, the store is one of the few remaining businesses in Lou-



Hoover Lee's secret sauce works magic with chicken and other grilled meats.

ise. Several Chinese families carved out lives in the area as store owners, but most have since moved on. The Lees stayed, saying they found a greater acceptance than others in the Delta.

"We didn't have any difficulty here because we were just one family," Lee said.

Lee gave the store to his sons in 1997, but the Hoover Sauce hasn't let him slow down. To keep the sauce

“My main thing was was trying to get a sauce that tasted like roasted Cantonese duck — that type of taste.”

HOOVER LEE, SAUCE MAKER

recipe secret, he makes it himself and hesitates to even show outsiders the room where he mixes it.

The magical marinade draws buyers such as Alan Holditch, of Jackson. He stocks up on the sauce every few months, when his job takes him to Louise.

"I'll stop and get a gallon," Holditch says. "We've got so many friends that use it, it doesn't take me long to get rid of a gallon."

CHRIS TALBOTT (AP)

5 Day Forecast for the Washington Area

Today	Tonight	Wednesday	Thursday	Friday	Saturday
Mostly sunny	Mostly clear	Sunny	Partly sunny	Partly sunny	Partly sunny

78°

58°

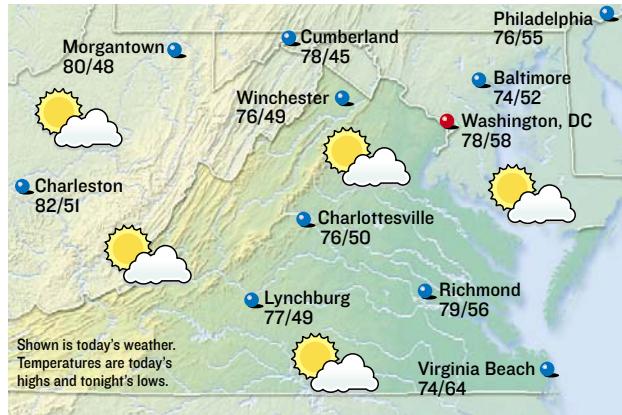
78° / 60°

83° / 66°

84° / 67°

83° / 69°

Regional Weather



Almanac

Washington, D.C., through 4 p.m. Mon.

Temperature

High	71°
Low	50°
Normal high	79°
Normal low	62°
Average humidity	52%

Precipitation

24 hours ending 4 p.m.	0.00"
Month to date	0.60"
Normal month to date	2.16"
Year to date	21.64"
Last year to date	34.94"
Normal year to date	28.42"

For up-to-the-minute weather, see: washingtonpost.com/weather

Regional Forecast

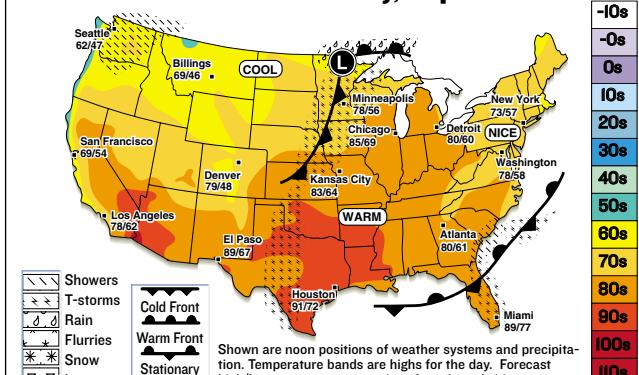
D.C. Metro: Today, mostly sunny. High 78. Wind east 7-14 mph. Tonight, mostly clear. Low 58. Wind northeast 6-12 mph. Wednesday, sunny. High 78.

Sun and Moon

Sunrise today 6:52 a.m.
Sunset tonight 7:12 p.m.
Moonrise today 1:50 p.m.
Moonset today 10:46 p.m.

First	Full	Last	New
Sept 19	Sept 26	Oct 3	Oct 11

National Weather for Tuesday, September 18



National Cities

City	Today Hi/Lo/W	Wed. Hi/Lo/W	City	Today Hi/Lo/W	Wed. Hi/Lo/W
Atlanta	80/61/s	82/63/s	Amsterdam	57/46/sh	59/52/r
Boston	68/51/s	77/56/s	Athens	84/70/s	88/72/s
Chicago	85/69/s	84/58/pc	Berlin	59/41/r	57/45/c
Dallas	92/73/s	93/72/pc	Buenos Aires	57/46/r	63/54/s
Denver	79/48/s	85/53/s	Calgary	56/32/c	42/31/sn
Honolulu	89/76/pc	89/75/pc	Dublin	59/50/pc	61/54/pc
Los Angeles	78/62/pc	72/60/pc	Geneva	60/54/r	63/50/pc
Miami	89/77/t	88/75/t	Moscow	61/52/c	66/41/pc
New York City	73/57/s	76/62/s	Rome	82/66/t	81/70/s
Orlando	87/72/t	87/72/t	Sydney	68/54/s	75/57/s
Seattle	62/47/c	62/50/pc	Tokyo	84/73/c	86/73/c

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

Styles

LOOK out



As Seen on TV

It's true that beauty is in the eye of the beholder ... to a point. As any red carpet vixen will confess, good looks are one thing; knowing how to work what you have in the right gown is another. Sunday's 59th Annual Emmy Awards put the tube's leading ladies to the test and, as always, some left the couch potatoes across the nation breathless, while others inspired confusion among even the most forgiving fans. KRIS CORONADO (EXPRESS)



Pretty & Preggers?

Obviously, morning sickness is not an issue. Rumored mother-to-be **CHRISTINA AGUILERA** was a classic and curvaceous vision in her pearly white Valentino.



Save the Hayden

Where's Peter Petrelli when you need him? **HAYDEN PANETTIERE**'s Marc Bouwer creation seemed more high-end shower curtain than fairy-tale frock.



Go Fisch

Everyone loves Pam, but even Michael Scott would send **JENNA FISCHER** home if she showed up in a Zuhair Murad dress with a bow that big at "The Office."



Fashion Fit for a 'Hero': She may play a conflicted mama who kicks some serious bad-guy butt on NBC, but there's no denying that **ALI LARTER**'s silky and sultry Reem Acra power-gown could disarm just about anyone, friend or foe.

Beauty



Lightweight Lifting

We once read a book about zero gravity. ("The Hunt for Zero Point," which we highly recommend.) It involved hairy men toiling in basement labs, secret government projects and Nazis. Though Clinique was not found in the index, **ZERO GRAVITY REPAIRWEAR LIFT** (for three skin types, \$52.50, Clinique.com) shares its namesake's elusive nature. The goop has the strange property of lifting skin without any visible means; it feels as if our face was being stretched back by tape at the hairline (a hoary old runway trick, for those who don't know). We looked fresher and more awake, though we think we're being followed. HOLLY J. MORRIS (EXPRESS)

Beauty



Reflections on Lips

L'Oréal's **INFALLIBLE NEVER FAIL LIPCOLOUR** (\$12, drugstores, and, by the way, the Pope called—he wants his adjective back) attempts to set its long-wearing lipstick apart by encasing both bits—the color and the clear sealer—in a mirrored case. This is very clever, except for one inescapable flaw: It instantly becomes covered in fingerprints. If your lipstick is stolen and then recovered, you're in great shape for fingering the thief. But if you want to actually use the mirror, break out the Windex. Once on our lips, the stuff survived for about three hours, though the glossy top layer rubbed off a little on cans and mugs. H.J.M.

Look out Online

 readexpress.com

site specifics

MUSIC

Proust Questionnaire

The tour-press grind can feel like Groundhog Day for musicians and writers alike, which is why Express' Christopher Porter and Akron/Family's Seth Olinsky jumped straight into the famous Proust Questionnaire before the critically acclaimed freak-folkers play the Rock & Roll Hotel on Tuesday. | [ONLINE NOW](#)



FREE RIDE

Supercan Solutions

The D.C. Department of Public Works wants you to know that drilling holes in your Supercan to keep rainwater out is not a sensible idea. Express' Michael Grass has the details on how to correctly tend to your trash and not help rodents to free meals. | [ONLINE NOW](#)



THE DISTRICT

P Street Construction Shift

The construction on P Street NW in Dupont Circle is so intense, it's easy to think the whole street is shut down — a mistake that's siphoned customers from local businesses. Now, that road work's about to undergo a major change. Michael Grass has the details. | [COMING UP](#)

comment board

“The laws shouldn't be exclusive to teenagers. It shouldn't be legal for anyone to drive while on a cellphone.”

COMMENTER NARDO, WHO ADDED, “FOR A PROBLEM EXCLUSIVE TO TEENAGERS, I THINK PASSENGER RESTRICTIONS WOULD BE MORE [HELPFUL].”



“Using mobile devices while driving should be illegal for everyone. Most of the people in this area can't drive for jack, [even] without the added distraction.”

COMMENTER MILDLY MISANTHROPIC, RESPONDING TO MONDAY'S POLL QUESTION, “WOULD YOU SUPPORT A LAW BARRING TEENS FROM USING MOBILE DEVICES WHILE DRIVING?”

poll center

YESTERDAY'S RESULTS AS OF 5 P.M.

WOULD YOU SUPPORT A LAW BARRING TEENS FROM USING MOBILE DEVICES WHILE DRIVING?

YES 89%

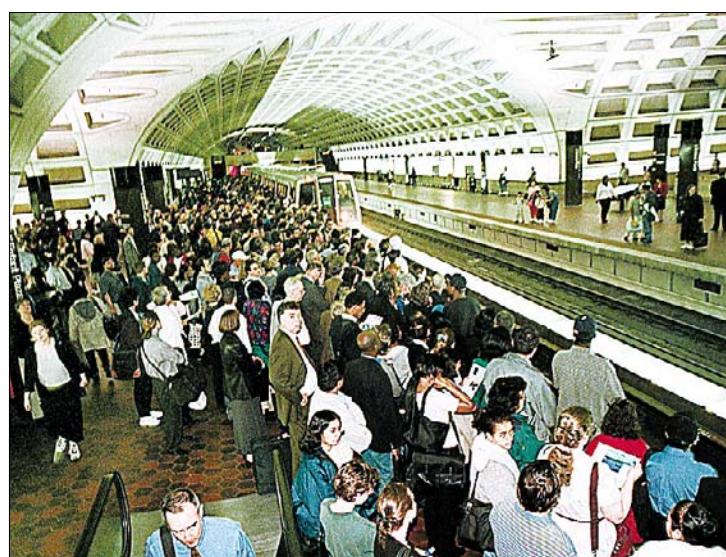
NO 11%

SEE HOW YOUR METRO STATION VOTED AT READEXPRESS.COM/POLLCENTER.PHP



“Greater Washington should want AOL to stay healthy. If AOL continues to thrive, we will reap the benefits, as AOL's presence will grow.”

GREATERTWASHINGTONTBLOG.COM SAYS AOL'S DECISION TO MOVE ITS DULLES HEADQUARTERS TO NEW YORK WON'T HAVE MUCH OF AN IMPACT, AS MOST LOCAL EMPLOYEES WILL STAY PUT.



“BRITNEY SPEARS wants to be on the cover of Maxim as soon as possible. Apparently, she wants to make sure you remember what her body looks like. I've got some really lumpy Play-Doh that helps jog my memory.”

THESUPERFICIAL.COM RELAYS AN OK! MAGAZINE ITEM ON HOW SPEARS IS DESPERATE TO GET HER CAREER BACK ON TRACK.

“IT REALLY IS A SHAME that there is no real good way to launch an actual taxpayer revolt, in which tens of thousands of D.C. residents simply refused to pay their federal taxes. ... If 100,000 D.C. residents [did so], there's no way they could put all of us in jail.”

A DCIST.COM COMMENTER OFFERS AN OPTION FOR PROTESTING THE LACK OF D.C. VOTING RIGHTS ON CAPITOL HILL.

“YES, GOD FORBID we pass legislation that would require the military to follow their own rules about giving our troops a break in order to ensure that they're at peak fighting efficiency.”

AMERICABLOG.COM SLAMS THE PENTAGON FOR WANTING THE WHITE HOUSE TO VETO LEGISLATION MANDATING TROOP REST.



“I was on the Metro, and my butt was pinched. Twice. I turn around. ... Then I look down. It's a baby. Six, maybe 7 months old.”

STARTINGTODAY.WORDPRESS.COM WAS THE VICTIM OF GROPING WHILE RIDING METRORAIL, BUT THE INCIDENT ENDED UP TO BE SOMEWHAT INNOCENT.

Discussions

Global Warming

Washington Post science writer **DAVID FAHRENTHOLD** was online Monday to discuss his story about the impact of global warming on animals.

You say that “we've gotten used to the nature that we have.” But who is to say that this nature represents some kind of immutable ideal?

You're right: Nature today is different than it was a millennium ago, and it would likely have continued to change (eliminating some species and raising up others) even if

the climate didn't. The choice here really is ours. Once we understand the kinds of shifts that are likely to occur because of climate change, we will have to figure out what (if any) of that we can't live with.

Suppose that the ice cap in the Arctic melted completely and then global warming was somehow overcome and the ice caps began to form again. Do you think that it'd be possible to repopulate the Arctic with polar bears, walruses and seals from captivity if they'd become extinct in the wild?

Interesting idea. I would say (being absolutely no expert on animal behavior) that it might be hard for these animals to relearn their old

behavior after several generations in captivity. But, if we're talking about a day when we've managed to somehow refreeze the polar ice caps, then I'd say anything would be possible.

I'm a wildlife biologist here to make a small yet important point. Our species, Homo sapiens, is part of the biological kingdom Animalia — i.e., we're animals, too!

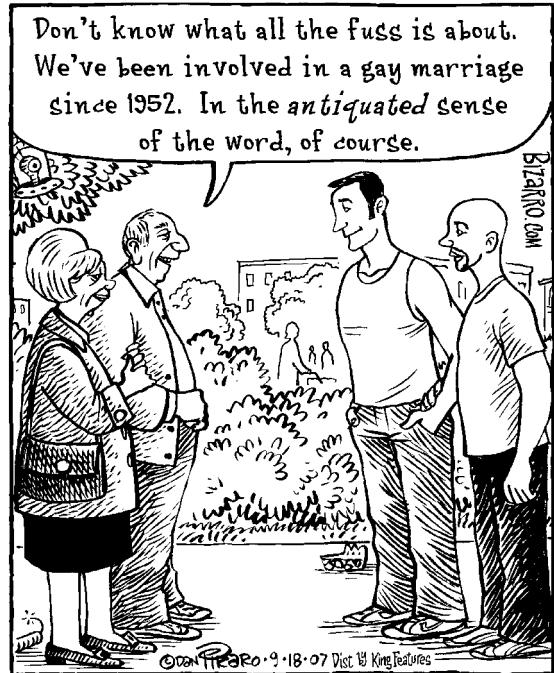
My research didn't include much on how the human animal's behavior and habitat might change.

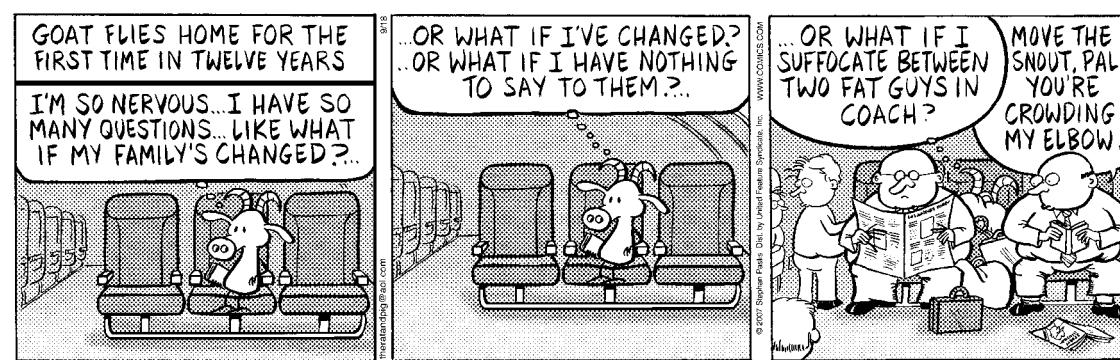
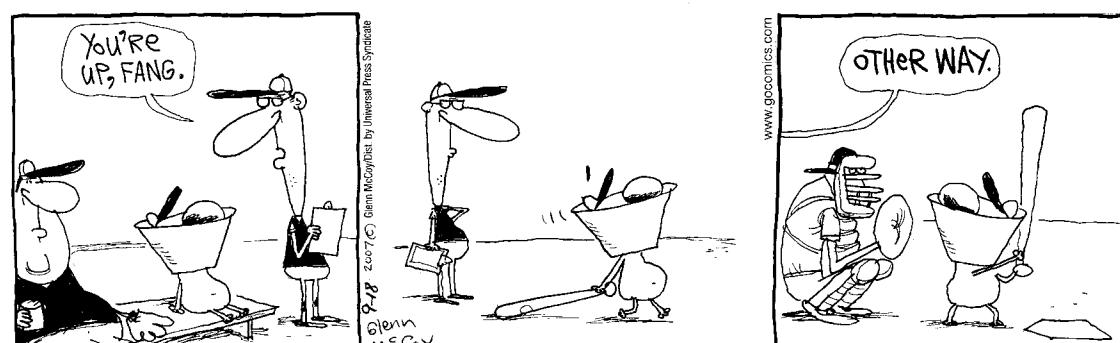
TODAY ON DISCUSSIONS: Washington Post music critic J. Freedom du Lac is online to talk about the latest on the music scene at 2 p.m. | washingtonpost.com/discussions.

DON'T

DRIVE YOUR CAR ON TUESDAY. The District will celebrate the first D.C. Car Free Day, as endorsed by the D.C. City Council, on Tuesday. Mayor Adrian Fenty is billing the day as a chance for District residents to reconnect with their neighborhoods.

LOOK out

Bizarro | Dan Piraro

Pooch Cafe | Paul Gilligan

Pearls Before Swine | Stephan Pastis

The Duplex | Glenn McCoy

Cornered | Mike Baldwin


Name-droppers

Horoscope

By Stella Wilder

VIRGO (Aug. 23-Sept. 22) Count on spontaneity to see you through a difficult patch. Be willing to let go and trust that you will know what to do.

LIBRA (Sept. 23-Oct. 22) That which sounds important very likely is—but you'll really want to pay attention to the unspoken signals in order to get the whole story.

SCORPIO (Oct. 23-Nov. 21) You may find yourself yearning for something that you do not have at home. Don't keep this to yourself. A loved one may be able to supply it.

SAGITTARIUS (Nov. 22-Dec. 21) You may have doubts about someone else's capacity for leadership, but it is not your job to step into his or her shoes.

CAPRICORN (Dec. 22-Jan. 19) You'll find that your surroundings have a far greater influence over you than you might expect. Still, excuses only go so far.

AQUARIUS (Jan. 20-Feb. 18) You're likely to be introduced to something brand-

new and exciting—and your life may well be changed for the better as a result.

PISCES (Feb. 19-March 20) Seek and ye shall find—and if you are not satisfied with what you uncover, you'll have the creative energy to make things better.

ARIES (March 21-April 19) Take care you don't overdo it in any way. Know when to call it quits—and when to let an opponent claim a minor victory, too.

TAURUS (April 20-May 20) Stick to the task at hand, and do what you can to avoid distractions of any kind. Concentration and focus are essential to success.

GEMINI (May 21-June 20) The quality of your work will not come into question—but the quantity may be lacking for a time. Try to pick up the pace a little.

CANCER (June 21-July 22) You're going to have to work hard to control your instincts in order to remain on an even keel and do the things you are required to do.

LEO (July 23-Aug. 22) Cleverness and creativity can serve you quite well, but take care you're not so performance-oriented that you get carried away.



Singer and guitar legend Jimi Hendrix died on this day in 1970 at age 27 in London.

Today in History

1793 President George Washington lays the cornerstone of the U.S. Capitol.

1850 Congress passes the Fugitive Slave Act, which created a force of federal commissioners charged with returning escaped slaves to their owners.

1851 The first edition of the New York Times is published.

1927 The Columbia Phonograph Broadcasting System (later CBS) makes its on-air debut with a basic network of 16 radio stations.

1970 Rock star Jimi Hendrix dies in London at age 27.

1975 Newspaper heiress Patricia Hearst is captured by the FBI in San Francisco, 19 months after being kidnapped by the Symbionese Liberation Army.

LOOK out

People

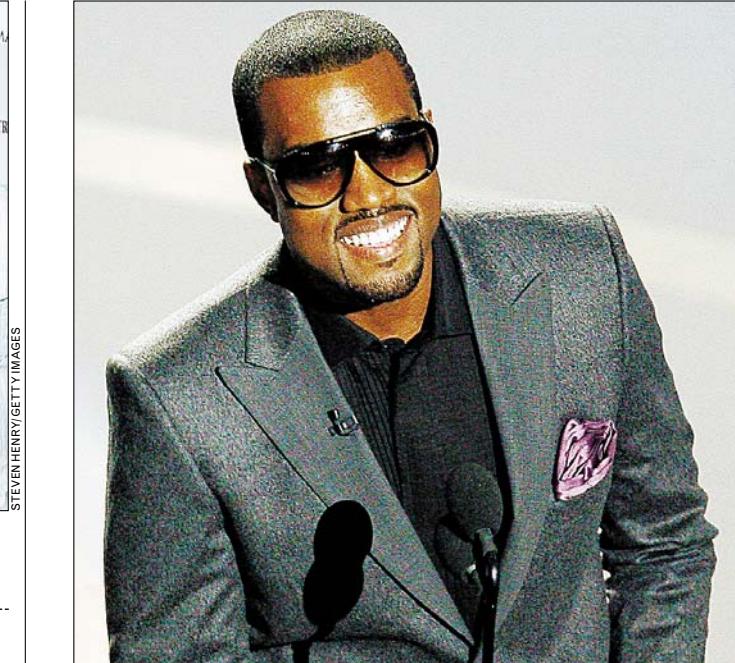
NOSTALGIA

House-Husband Fondly Remembers His Career

ED BURNS says it took hard work to woo **CHRISTY TURLINGTON**. "Friends of ours had tried to fix us up ... but she was like, 'Uh, not really interested,'" the actor-director tells Best Life magazine. "That did not deter me. I just wanted to get her to laugh." Burns was seen as the next Woody Allen after directing and starring in 1995's "The Brothers McMullen." "I was the toast of the town," he said. "All of a sudden, I was semifamous. There were six-figure checks." However, his other movies didn't fare well at the box office and failed to meet critics' expectations. (AP)



Perhaps next to Christy, anyone would look scruffy and slobbish. Or, just him.



"Lola ... she was a ... hmm ... waitress?"

MEMORY

Singer Can't Remember Lola's Job, Cut of Dress

BARRY MANILOW's new album presented a real challenge: covering himself. "Trying to redo 'Mandy,' trying to redo 'I Write the Songs' — it was the most complicated thing I'd ever done in my life," he says. His "The Greatest Songs of the Seventies" includes songs made famous by others but also by himself. (AP)



MOSHE MILNER/AF/GETTY IMAGES

DELUSIONS

Madonna Also Declares Herself to Be Santa Claus

MADONNA toasted the Jewish new year with Israeli President **SHIMON PERES** and declared herself an "ambassador for Judaism." The singer, who is not Jewish, arrived in Israel Wednesday to attend a Kabbalah conference. She and Peres exchanged gifts, with Madonna receiving a lavishly bound copy of the Jewish Bible. (AP)

"I thought Natalie Portman was coming," Peres thought. "Who is this?"

SNORE

Emmy Crowd Briefly Wakes

The biggest hit of the Emmy after-parties was **KANYE WEST**'s surprise performance at TV Guide's bash. His mini-set included "Gold Digger." He began another song but forgot the lyrics. (AP)

CONTINENTS

Europe Deemed Too Small a Venue

50 CENT, who's in a much-hyped battle of album sales with Kanye West, has canceled several performances in Europe. MTV News said the rapper canceled performances due to changes in his schedule. No details were posted on his Web site. (AP)

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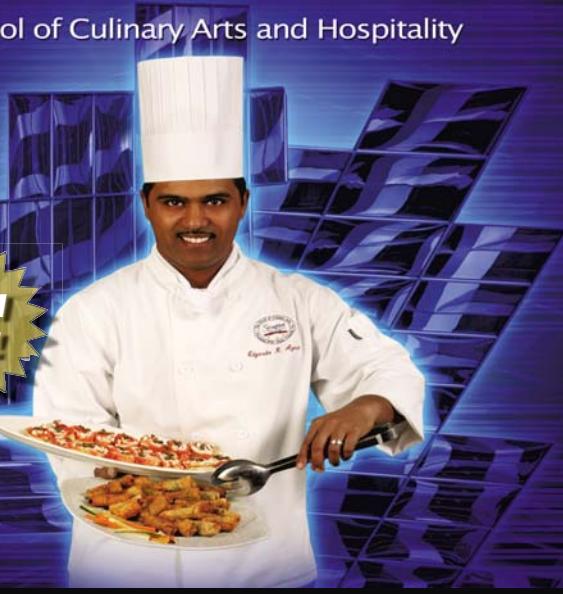
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LOOK out

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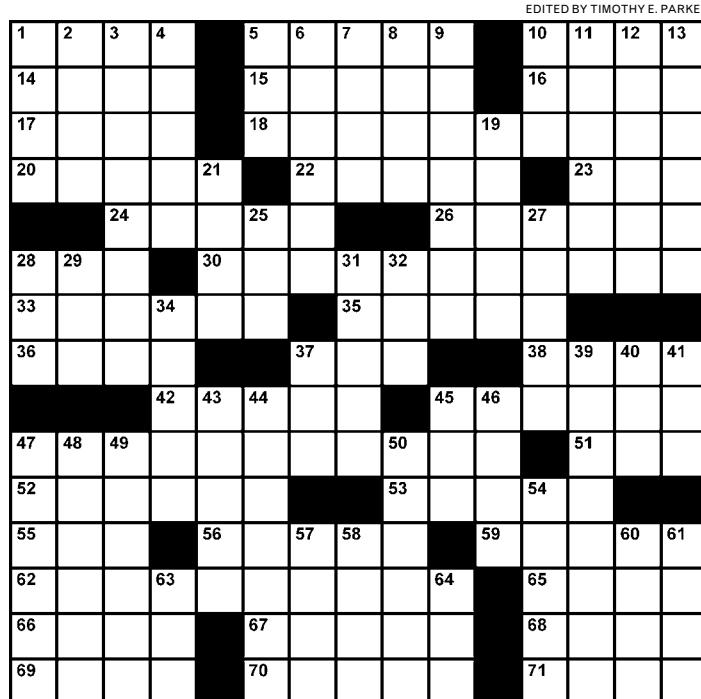
ACROSS

1 Derisive laughs
5 Unit of capacitance
10 Hashana
14 Press agent?
15 Old-womanish
16 Choir part
17 Desperate, as a warning
18 Tropical water predator
20 ___ up (relented)
22 "There's no 'I' in team," for one
23 "QB ___" (Urus novel)
24 "All My Children" vixen
26 A grammatical case
28 "They're ___!" (racetrack cry)
30 English dog breed
33 Most hearty
35 Vital heart vessel
36 Cameo stone
37 Hog's place
38 You're looking at it
42 Relating to gold
45 Hauling around, as a shopping bag
47 Farmer's bane
51 Tic-tac-toe winning line
52 Members of a Jamaican religious sect
53 Navigational system
55 Man-mouse link
56 Daytime TV fare

59 "What's it all about?" guy
62 Long-legged crustacean
65 Add a little color to
66 Burn
67 One way to lay it on
68 Italian noble family
69 Old English letters
70 Sometimes they battle
71 Some Greek letters

DOWN

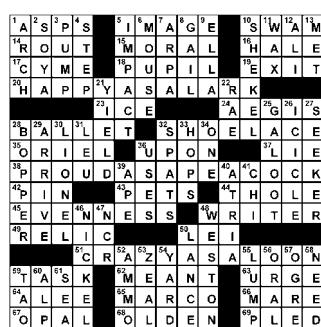
1 ___ and seek
2 Opera solo
3 Winged insect
4 Smile, in an evil way
5 Sort of chance?
6 "Twenty
Questions" category
7 Latvia's capital
8 Host Trebek
9 Put-down artist
10 College cheer
11 King of Norway
12 Endeavor
13 More corny
14 One card game?
41 Id companion
43 Order from a czar
44 Vacation milieus
45 It's company, it's said
46 Creole veggie
29 Sports buff
31 Gate
fastener
32 "___ Story" (1995)



34 Compel payment
37 Pride, lust or envy
39 Aquarium attraction
40 One card game?
41 Id companion
43 Order from a czar
44 Vacation milieus
45 It's company, it's said
46 Creole veggie
29 Sports buff
31 Gate
fastener
32 "___ Story" (1995)

on one subject
49 Hebrew prophet
50 Region of France
54 Change, as a hemline
57 Sore spot
58 Grand ___ (auto race)
60 Interested in
61 Somme summers
63 No and J
64 Library vols.

Yesterday's Solution



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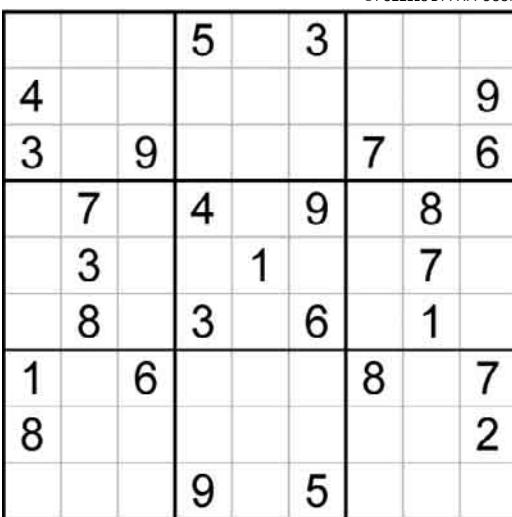
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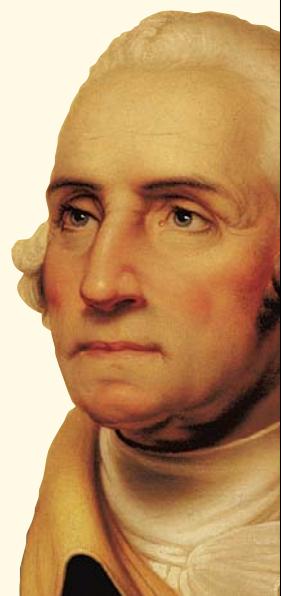
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Sometimes Pairing Off Is a Horrible Idea

Q I'm a 31-year-old male who is physically fit and reasonably attractive and has a great personality and strong morals. My issue is I don't have the desire to meet that special girl and settle down. I've never understood the whole coupling thing. My friends and family are incessant with the questions and blind dates. Is this some syndrome I need to take a pill to make me better?

— JUST CHECKING

Consider yourself lucky — many people want a pill to end their relationships!

Coupling off is certainly considered part of the norm in our culture



ERIC REECE

(despite the fact that true couplehood for many is actually a sham). And when any norm is bucked — just try serving Spam at an office

party — people will try to hammer in the nail that sticks out. Bravo to you if you can stand up to it. Even though the majority do seem to

crave long-term commitment, there are plenty who are genuinely happy going solo, whether they're George Clooney-esque serial daters or non-daters who are otherwise fulfilled — they just don't seem to show up in movie plot lines much.

If you do date, make sure your non-intention of settling down is at least somewhat near the surface, and continue every once in a while to ask yourself — as we all should — whether you feel like you're on a healthy path. But in the meantime, revel in the life you've built for yourself, and keep in mind the good intentions of your friends and family when, for the thousandth time, you feel like sticking a salad fork up their noses.

Q I have a female friend who just got out of a relationship with a guy she claimed wasn't her "boyfriend." But she was clearly upset when it ended. Since then, she's met another guy — who still lives with and shares

the bed of his ex-girlfriend. She won't take my cautions seriously. How can I make her understand that this is an absolutely horrible situation to be in? — A FRIEND IN NEED

Watching friends make awful decisions is one of the perils of being a friend in the first place, along with occasional dog-sitting. You can't be responsible for her (cringe-inducing) mistakes, but you also can't pretend that you agree with them — and that's what you need to make her understand, even if she can't yet see that she's (breaking out the Kip Winger reference!) headed for a heartbreak. A simple "I care about you and I can't help but worry about you doing this" is a refrain you might want to memorize. Then just practice keeping the eye roll to yourself when it comes time to hand over the tissues.

Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D., at baggage@readexpress.com. This column is not a substitute for one-on-one care.

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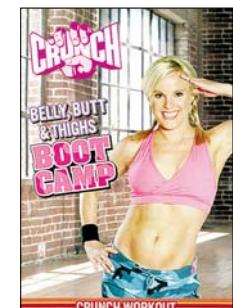
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Pour Some Fake Sugar on Me

PICK A PACKET from the array at the cafe and you'll probably end up with real sugar (which is so delish but high in calories) or the various fake substances (which are free of calories but full of chemicals). A better solution? Have SweetLeaf SteviaPlus (\$7 for 50 packets, Buywisdom.com) in your pocket. The all-natural, zero-calorie powder comes from a Paraguayan shrub and has the added bonus of fiber. Don't dump in your usual amount, though—it's 30 times as sweet as sugar, so a pinch is more than enough for any coffee cup.



Boot Camp for Your Big Booty

MILITARY RECRUITMENT would be a lot more successful if it were led by Terri Ann Krefting, who's in charge of the "Crunch Belly, Butt & Thighs Boot Camp" (\$15, Anchor Bay). But that may be because she's more cheerleader than platoon leader. Even with a few high-energy cardio bursts, and tons of squats and lunges, more advanced exercisers will want more than the 40-minute routine. But there's an easy way to fix that: Pause and do more reps. Those mountain-climbers will get you.

Beverage Buzz

AS A RULE, energy drinks must have obnoxious names. Syzmo (pronounced "sizz-moh") is no exception. But what makes these slim cans (\$10 for a four-pack, Wellnessgrocer.com) stand out from their caffeinated cohorts is the fact that they're all organic—sweetened with blue agave, pumped up with guarana and fortified with green tea. And a serving of the stuff (in Original, Passion Fruit and Prickly Pear flavors) contains 1,000 percent of your daily dose of vitamin B12 (and 100 percent of your vitamin C). Best of all, it's not gross. After one tester sipped, she declared it to be "like soda, but juicy."



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Gone Fishing, Yoga-Style

JUST BECAUSE YOU'RE WORKING IT doesn't mean Mother Nature should have to, too. Let the planet take a breather while you're striking poses on the new printed yoga mats from Gaiam (\$34 with matching embroidered bag, Gaiam.com). They're free of latex and phthalates (an icky chemical), and they come in three lovely designs. That's "Koi Fish" pictured above, but "Earth Meets Sky" and "Asian Blossom" could also make your fellow yogis green with envy when they see how green you're being. The matching bag has a pull-cord closure to keep your bag from getting away, a zippered pocket to hold your other goodies and an adjustable arm strap.

PRODUCTS

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Stubble Trouble

NO HAIR AND NO PAIN is the slogan that gave the device No!No! (\$250, Sephora) its name. At first, we thought it would also stand for "no chance." The idea behind the flip-phone-size gadget is that a thermodynamic wire shoots heat into follicles, crystallizing stubble and telling the root to stop producing so much hair.

That last part apparently takes a long time, and we're not patient over here. But as for the hair-removal part, it's pretty extraordinary. You just insert one of two blade lengths and then roll the thing over your leg (other body parts are possible, but only for more advanced users). It feels like a toy car that's sat in the sun all day—there's no discomfort from the heat. It makes just faint noises, and the scent is a bit like a hair dryer before it conks out. After repeatedly running the thing up our legs, we were initially bummed; our shins were still rough. But then we remembered the buffer pad, which is supposed to get the stuff that's stuck under the skin. A few rubs and we were ready for shorts.

VICKY HALLETT (EXPRESS)

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Jumping Back in Time

Exercises of the 1980s are getting a revival at Bally Total Fitness

It took some digging through her closet, but Trevalyn Bell found the outfit she was looking for: flared blue bell bottoms with an elastic belt, a matching top and a hot-pink mesh tunic.

Twenty years ago, this was a hot ensemble, explains the area group exercise director for Bally Total Fitness. She's rocking it again as Bally celebrates a month dedicated to the workouts of the 1980s.

The action kicked off last week with a class led by a tag team of instructors at the gym's Pentagon Row outpost, where they've hung a disco ball for the occasion. (Every club is hosting an '80s night Sept. 20; see Ballyfitness.com for Washington-area locations and a free seven-day pass.)

There are plenty of cultural quirks to mock from that bygone era. Lili Rojas, another instructor, marked the occasion with Cyndi

Lauper-style makeup, a side ponytail and an off-one-shoulder sweatshirt straight out of "Flashdance." The workouts are also showing their age: They got hearts pumping, but pretty much ignored muscles. "We do a lot more strength now instead of all cardio," Bell says.

But pining for the past isn't so crazy. Exercise science might not have been as advanced back then, but those workouts involved a heck of a lot more grooving. And what's not to love about the decade that tricked a nation into believing that leg warmers and headbands were OK? "We need to bring back the fun," Rojas cheers.

Terry Sneed, 48, is all for the idea. She was one of the dozens of Bally members crammed into the studio last week. "This is the music I grew up with. It represents that time when we danced together," she says. Even members whose memories of the decade must be hazy at



Lili Rojas, a Bally Total Fitness instructor, gets students to double up on knee lifts.

NEWS FLASH ►► WHERE ARE THEY NOW?

Still Perky After All These Years

RICHARD SIMMONS. The thong leotard was a remarkable innovation, but what really made fitness so fly in the 1980s was the people. Even though they may not rule your living room VCR anymore, they haven't gone far.

RICHARD SIMMONS. Those short-shorts, that curly hair and that high-pitched voice

are still the trademarks of the master of sweatin' to the oldies. These days, "oldies" means the stuff of early MTV — last year, he released "Supertonic' Totally Tonin' 80s."

KATHY SMITH. The killer bod that sold \$16 million in workout videos since 1980 is acting her age. Smith's latest release



is "Body Boomers Workout," which focuses on how exercise can combat the symptoms of menopause.

JANE FONDA. While she hasn't filmed a fitness video since 1995, some of her works are still available (try Collagevideo.com). And after such a disastrous return to the big screen ("Monster in Law"), we hope she'll find solace in leg lifts once more. V.H.

best were psyched: Tyler Khai, 20, doffed his cowboy hat to gush, "The '80s are much better."

Certainly, there is an argument to be made that the music is superior to the tedious techno and Top 40 that accompany today's workout classes. The crowd was thrilled as the first notes of each song pounded from the stereo. "Push It" by Salt-N-Pepa, "Don't Go" by Yaz and "Venus" by Bananarama all drew "ooohs" from the crowd. (Although

"We do a lot more strength now instead of all cardio."

folks were probably forgetting that, back in the day, they'd have been dealing with an awkward mix tape instead of a user-friendly CD.)

The moves were quick and bouncy, and often involved jazz hands. "You never stood still in the '80s," Rojas cajoled the class. Students soon became grapevine experts, completing every possible variation: with sharp arm movements, followed by a double leap, etc. There was sweating sure to make Richard Simmons proud.

But after the exhaustingly aerobic hour, the students proved that they were no longer living in the past. "Aren't we going to do something for our abs?" asked one. And even Sneed, who'd like to do the class again, has a modern take on how '80s-style moves fit in. "It's nice for cross-training," she says.

VICKY HALLETT (EXPRESS)

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Jazz Up Your Bod

The dance workout is still popular — and hard!

Pegged jeans said their last goodbyes years ago, but the kick! ball! change! dance step is as au currant as ever — at least in a Jazercise class.

Although aerobic dance may not boast its former cachet, a lot of ladies (and even some gentlemen) still prefer to get their sweat on by chassé-ing. Last year was the most profitable yet for the exercise program since dance teacher Judi Sheppard Missett tweaked her moves into a workout in 1969. There are now 6,800 instructors around the world teaching 30,000 classes per week.

That includes the gang at the Arlington Jazercise Center (200 N Glebe Road; 703-671-2055; Arlingtonjazz.com), which opened in November 2004 after years of operating out of church social halls. The main appeal to students like 31-year-old Lori Crandall, who came to her first class five months ago, is what made Jazercise a hit in the first place: "I didn't want to join a gym. I wanted something like dance that has a little bit of gym in it, too."

In each hour-long session, an instructor leads the class in a slew of quickie dance routines. As each song starts, they learn a few simple steps, then repeat them to the beat to get heart rates racing.

Instructor Renee McDonald likens the flow of the class to a hill. "We'll stretch out the muscles for the warm-up, and by the third or fourth song, we're kicking," she says. If a student doesn't like a particular routine, it's over soon enough. On the way back down to Earth, they tend to work on strengthening moves.

The formula has worked wonders for decades, but its longevity may also be due to how it's kept up with the times. Marcy McGinty, a six-year veteran of the program, can vouch for its modernity. "We don't have leg warmers," she notes. (The Jazzertogs fall 2007 catalog, available at Jazzertogs.com, backs up this assertion.) The only retro part? "I'm 38, but I look 28 because of Jazercise," she says.



LET'S GET IT STARTED

→ A day pass at the Arlington Jazercise Center is \$10, but there are a variety of multi-class options available. The Easy Fitness Ticket is \$39 for unlimited classes for the month. There are 32 classes per week, including traditional Jazercise, Jazercise Step and Jazercise Personal Touch (small-group training with a focus on body sculpting that's available for an additional fee).

→ Other Jazercise classes are held across the Washington metropolitan area. See Jazercise.com for a full listing of locations, along with schedules and price information.

May Lee Eckley, 56, who's been Jazercising for 15 years, appreciates that she's seen additions like bits from Pilates. "It's definitely harder now than when I started," she says. "There are more ways to work your muscles."

The program never forgets about strength training, often requiring

weights, bands or balls for the end of class. And students such as 53-year-old Antoinette Allen acquire bulges they've never seen before. "I showed my husband my arm muscle last night, and he said, 'Where did you get that?'" she laughs. Just as core work has become all the rage in the fitness world, it's become a pillar here as well.

Jazercise also tries to stay current by using recent Top-40 hits, like "Don't Cha," by the Pussycat Dolls, even though it appears that isn't the stuff to which many of the students usually listen. "Don't be rocking out like you're at a Yanni concert. Rock out like you're at ...," McDonald said last Tuesday, waiting for the class to fill in the blank. "Tony Bennett," one woman yelled back. That didn't stop them from shaking it like crazy, though.

To studio owner Jennifer Gilkey, the most important element of the classes is that they're welcoming and accessible to everyone. "So long as you can lift your feet, you can Jazercise," she says. And it seems people will be doing it for decades to come. VICKY HALLETT (EXPRESS)

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Yogis around the globe salute the sun together

Teaching the world to sing? Now that's retro.

The mission for this millennium is getting people all over the planet to do sun salutations. Trance dance/yoga star Shiva Rea dreamed up the idea of an international undertaking by yoga studios and students to promote awareness of issues like global warming and AIDS in Africa.

This weekend, it comes to fruition with the Global Mala Project (Globalmala.org). In more than

100 cities worldwide (including such exotic locales as Jakarta, Amsterdam and St. Louis), folks will be gathering to pose with a purpose.

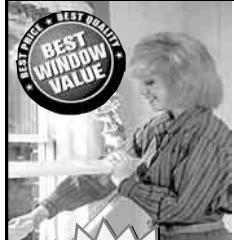
Of course, D.C. couldn't miss out on the action — on Sept. 23, local yogis are headed to the George Washington University's Marvin Center (800 21st St. NW) for a day of talks by yoga and meditation scholars, followed by a marathon session of 108 sun salutations kicked off by Unity Woods founder John Schumacher. Don't worry if

you don't have the stamina to flow for the entire two-hour practice. After all, participants will need to save energy for the kirtan dance party at the end of the evening.

Since space is limited, local organizers would like participants to sign up ahead of time at Deglobalmala.com. They're asking for donations of at least \$20 (all proceeds will go to Trees for the Future). You can also buy the D.C. Global Mala calendar (\$22; that's an image from it above).

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